“God has established prayer as the means by which we receive his supernatural help. And without supernatural help, we cannot live a life worthy of the gospel. Everything that distinguishes Christians from the world in a Christ-exalting way is a work of God’s supernatural grace. And God has ordained that this grace flows to us through prayer. That’s why prayer must be central, not peripheral, in our lives and families and ministries.”

– John Piper
“If you pray regularly to God, irregular things start to happen on a regular basis.”
Twofold Litmus Test

1. The will of God
2. The Glory of God

Countable noun: If you say that something is a litmus test of something, you mean that it is an effective and definite way of proving it or measuring it.
And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

Heb 11:6 (ESV)
5 “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. 6 But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.
7 “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. 8 Do not be like them, for your Father knows what you need before you ask him.
Pray then like this: “Our Father in heaven, hallowed be your name. 10 Your kingdom come, your will be done, on earth as it is in heaven. 11 Give us this day our daily bread, 12 and forgive us our debts, as we also have forgiven our debtors. 13 and lead us not into temptation, but deliver us from evil.

Matt 6: 9-13 (ESV)
1. Start with Worshiping God
2. Repentance
3. Continue with thanksgiving
4. Pray for guidance
5. Pray in Faith
6. Pray with authority and commandment
6 Then I saw a Lamb that looked as if it had been slaughtered, but it was now standing between the throne and the four living beings and among the twenty-four elders. He had seven horns and seven eyes, which represent the sevenfold Spirit of God that is sent out into every part of the earth.

Rev 5:6-8 (NLT)
7 He stepped forward and took the scroll from the right hand of the one sitting on the throne. 8 And when he took the scroll, the four living beings and the twenty-four elders fell down before the Lamb. Each one had a harp, and they held gold bowls filled with incense, which are the prayers of God’s people.

Rev 5:6-8 (NLT)