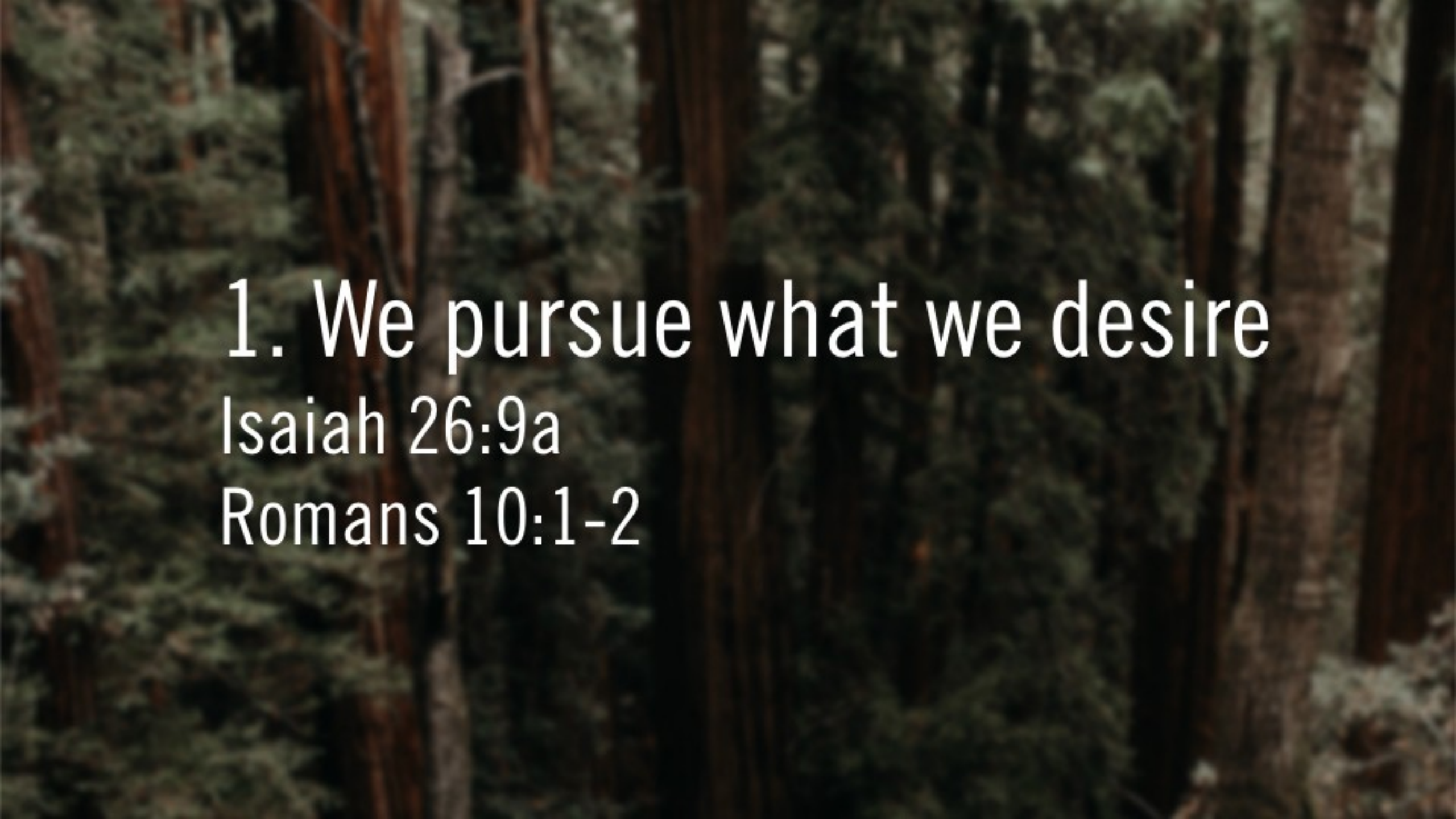




4 Pillars of spiritual refreshment

Jaco van Rooyen



1. We pursue what we desire

Isaiah 26:9a

Romans 10:1-2

Isaiah 26:9a (NLT)

In the night I search for you;
in the morning I earnestly seek you.

Romans 10:1-2 (NLT)

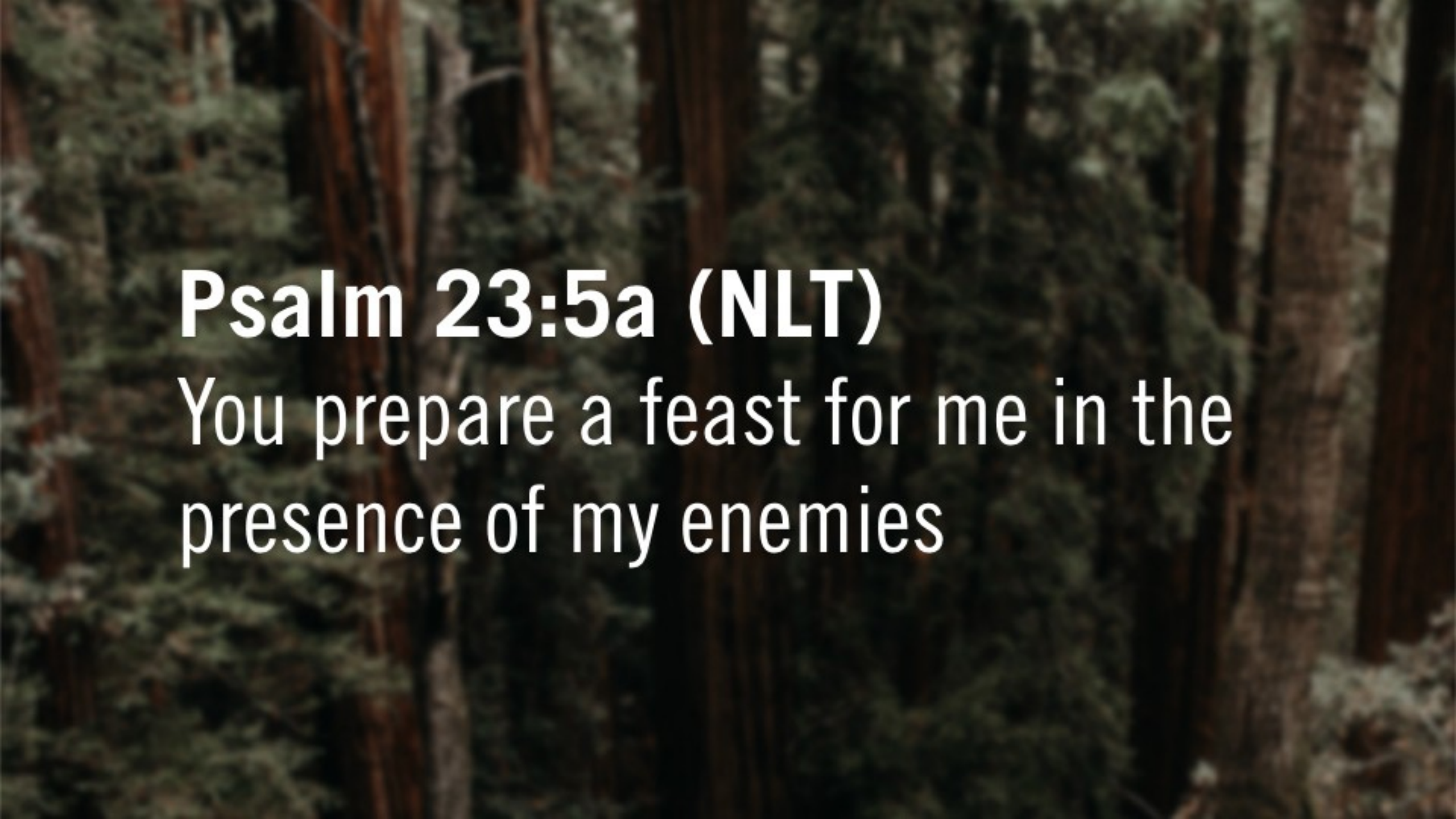
1 Dear brothers and sisters, the longing of my heart and my prayer to God is for the people of Israel to be saved.

2 I know what enthusiasm they have for God, but it is misdirected zeal.



2. We encounter what we pursue

Psalm 23:5a



Psalm 23:5a (NLT)

You prepare a feast for me in the
presence of my enemies

3. We protect whatever we value

Proverbs 4:23

Matthew 13:44




Proverbs 4:23 (NLT)

Guard your heart above all else, for it determines the course of your life.

Matthew 13:44 (NLT)

The Kingdom of Heaven is like a treasure that a man discovered hidden in a field. In his excitement, he hid it again and sold everything he owned to get enough money to buy the field.



4. We experience life where there
is an outflow

John 7:38

John 7:38 (NLT)

Anyone who believes in me may come and drink! For the Scriptures declare, 'Rivers of living water will flow from his heart.'