



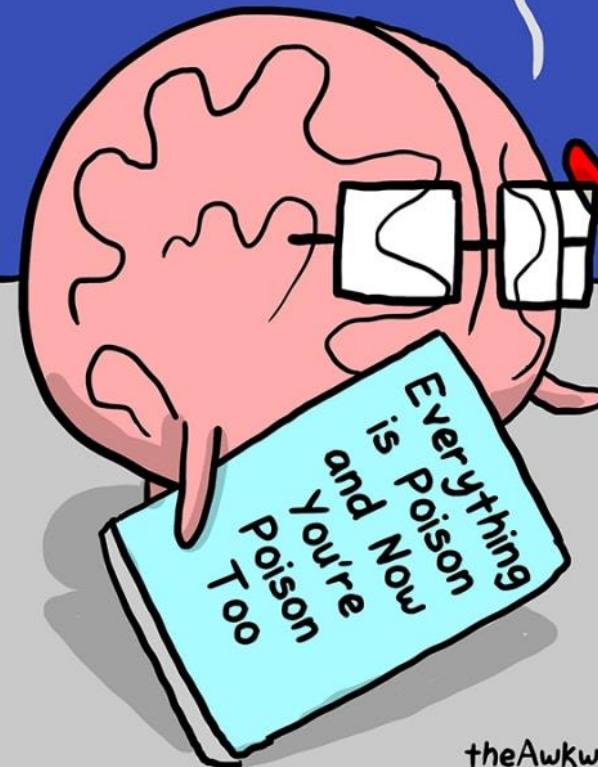
Shofar Christian Church

Heart Work

Marco Jardim

You know, Heart,
there's new research
into heart disease
that says-

Let me stop you
there. If you're
making me choose
between you and pizza
it's going to be pizza.



theAwkwardYeti.com

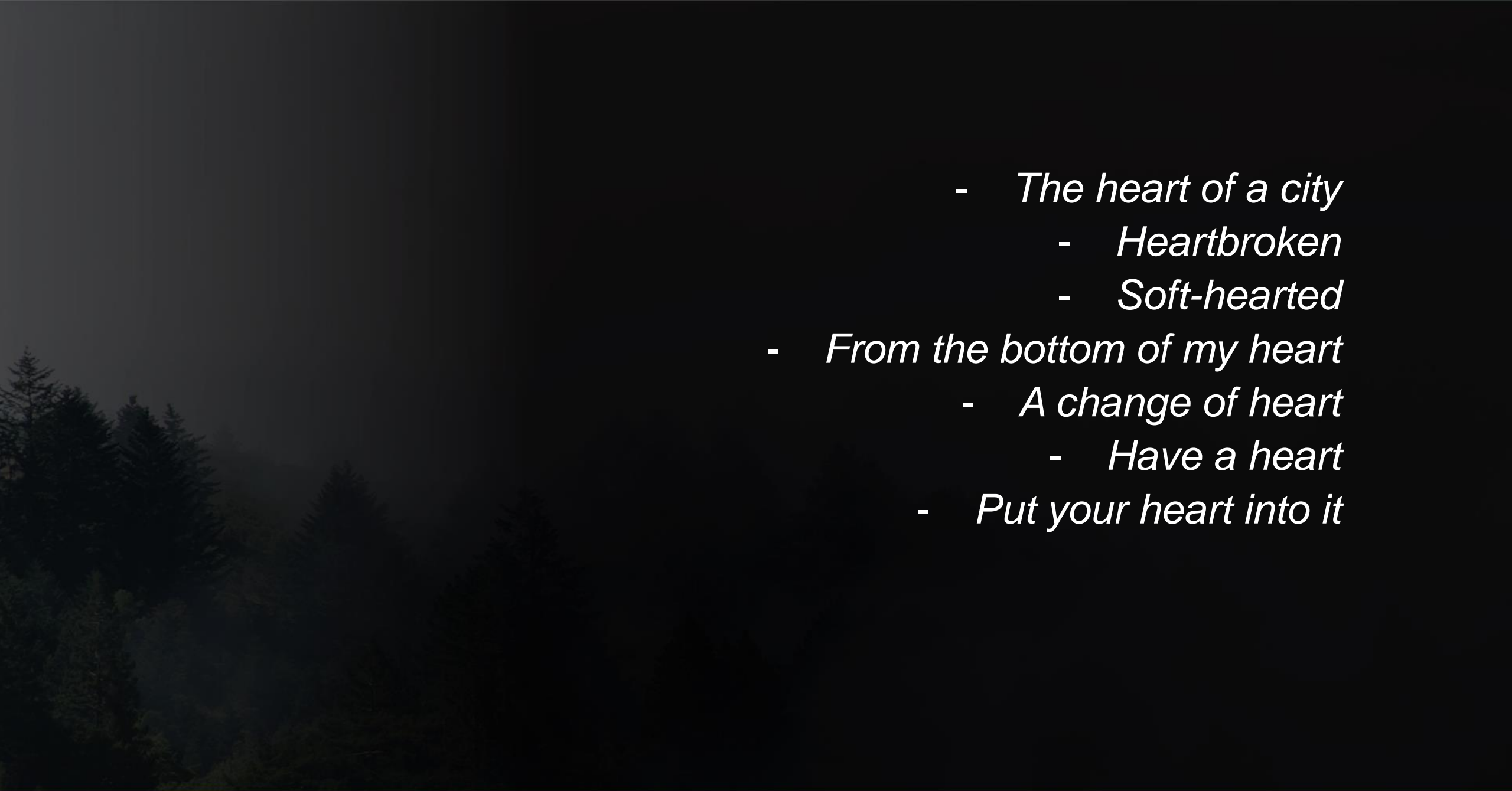
¹⁴Again Jesus called the crowd to him and said, “Listen to me, everyone, and understand this.¹⁵Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.” [16]

¹⁷After he had left the crowd and entered the house, his disciples asked him about this parable. ¹⁸“Are you so dull?” he asked. “Don’t you see that nothing that enters a person from the outside can defile them? .

Mark 7:14-23

*¹⁹For it doesn't go into their heart but into their stomach, and then out of the body." (In saying this, Jesus declared all foods clean.)
²⁰He went on: "What comes out of a person is what defiles them. . ²¹For it is from within, out of a person's heart, that evil thoughts come—sexual immorality, theft, murder, ²²adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. ²³All these evils come from inside and defile a person."*

Mark 7:14-23

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- *The heart of a city*
 - *Heartbroken*
 - *Soft-hearted*
 - *From the bottom of my heart*
 - *A change of heart*
 - *Have a heart*
 - *Put your heart into it*

The word 'heart' used approximately 860 times (ESV)

Greek word: καρδία

Translation: Kardia

Meaning: Heart

The center of our inner being

I – WHY OUR SPIRITUAL HEARTS ARE IMPORTANT?

➤ *God is concerned about the inner man*

But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him. For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart.”

1 Samuel 16:7

I – WHY OUR SPIRITUAL HEARTS ARE IMPORTANT?

➤ *Jesus often spoke about issues concerning the heart*

¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.”

Matthew 6:19-21

I – WHY OUR SPIRITUAL HEARTS ARE IMPORTANT?

³⁴ You brood of vipers, how can you speak good things when you are evil? For the mouth speaks out of that which fills the heart. ³⁵ The good man, from his [inner] good treasure, brings out good things; and the evil man, from his [inner] evil treasure, brings out evil things.

Matthew 12:34-35

I – WHY OUR SPIRITUAL HEARTS ARE IMPORTANT?

"Woe to you, teachers of the law and Pharisees, you hypocrites! You are like whitewashed tombs, which look beautiful on the outside but on the inside are full of the bones of the dead and everything unclean.

Matthew 23:27

I – WHY OUR SPIRITUAL HEARTS ARE IMPORTANT?

➤ *Your character flows from your inner being*

Keep your heart with all vigilance, for from it flow the springs of life.

Proverbs 4:23

II – THE WAY OF THE HEART

*¹⁷The heart is deceitful above all things,
and desperately sick;
who can understand it?
Jeremiah 17:9*

II – THE WAY OF THE HEART

²⁰ Then Noah built an altar to the Lord and, taking some of all the clean animals and clean birds, he sacrificed burnt offerings on it. ²¹ The Lord smelled the pleasing aroma and said in his heart: “Never again will I curse the ground because of humans, even though every inclination of the human heart is evil from childhood. And never again will I destroy all living creatures, as I have done.

Genesis 8:20-21

III – SIN

➤ *David*

Lied, Murdered and committed adultery

Still known as a Man after God's heart

III – SIN

➤ *Paul*

18 For I know that nothing good lives in me, that is, in my flesh [my human nature, my worldliness—my sinful capacity]. For the willingness [to do good] is present in me, but the doing of good is not. 19 For the good that I want to do, I do not do, but I practice the very evil that I do not want. 20 But if I am doing the very thing I do not want to do, I am no longer the one doing it [that is, it is not me that acts], but the sin [nature] which lives in me. 21 So I find it to be the law [of my inner self], that evil is present in me, the one who wants to do good.

Romans 7:18-24

III – SIN

22 For I joyfully delight in the law of God in my inner self [with my new nature], 23 but I see a different law and rule of action in the members of my body [in its appetites and desires], waging war against the law of my mind and subduing me and making me a prisoner of the law of sin which is within my members. 24 Wretched and miserable man that I am! Who will [rescue me and] set me free from this body of death .

Romans 7:18-24

III – SIN

¹⁵ Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. ¹⁶ For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world.

1 John 2:15-16

1 John 2:15-16

III – SIN

➤ *Adam and Eve*

He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden’?” ² And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, ³ but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” ⁴ But the serpent said to the woman, “You will not surely die. ⁵ For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

Genesis 3:1-6

III – SIN

⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.

Genesis 3:1-6

III – SIN

Lust of the flesh – “Good for food”
Lust of the eyes – “A delight to the eyes”
Pride of life – “Make one wise”

IV – PRIDE

*To humans belong the plans of the heart,
but from the Lord comes the proper answer of the
tongue.*

*² All a person's ways seem pure to them,
but motives are weighed by the Lord.*

*³ Commit to the Lord whatever you do,
and he will establish your plans.*

*⁴ The Lord works out everything to its proper end—
even the wicked for a day of disaster.*

*⁵ The Lord detests all the proud of heart.
Be sure of this: They will not go unpunished.*

Proverbs 16:1-5

IV – PRIDE

Detest – To dislike intensely ; abhor; hate

IV – PRIDE

⁴ In his pride the wicked man does not seek him;
in all his thoughts there is no room for God.

Psalm 10:4

IV – PRIDE

➤ *Symptoms of Pride in your life*

- *Unable to receive constructive criticism or teaching*
- *Unable to recognize mistakes and receive discipline*
 - *Talking about yourself a lot*
 - *Find it difficult to submit to authority*
- *Seeing tasks or people as “beneath” you*
 - *Easily offended*
- *Unwilling to recognize your need for help*
- *Forgetting about God in the Good times*

IV – PRIDE

¹¹ Be careful that you do not forget the Lord your God, failing to observe his commands, his laws and his decrees that I am giving you this day. ¹² Otherwise, when you eat and are satisfied, when you build fine houses and settle down, ¹³ and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, ¹⁴ then your heart will become proud and you will forget the Lord your God, who brought you out of Egypt, out of the land of slavery.

Deuteronomy 8:11-14

V – THE HEART SET RIGHT

3 If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. ² Set your minds on things that are above, not on things that are on earth.

⁵ Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. ⁶ On account of these the wrath of God is coming. ⁷ In these you too once walked, when you were living in them. ⁸ But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth.

Colossians 3:1-17

V – THE HEART SET RIGHT

⁹ Do not lie to one another, seeing that you have put off the old self with its practices ¹⁰ and have put on the new self, which is being renewed in knowledge after the image of its creator. ¹¹ Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all. ¹² Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, ¹³ bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

Colossians 3:1-17

V – THE HEART SET RIGHT

¹⁴ And above all these put on love, which binds everything together in perfect harmony. ¹⁵ And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. ¹⁶ Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. ¹⁷ And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:1-17



V – THE HEART SET RIGHT

Search me, O God, and know my heart!

Try me and know my thoughts!

*²⁴ And see if there be any grievous way in me,
and lead me in the way everlasting!*

Psalms 139:23-24