



Shofar Christian Church

# RE(JOY)CE

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## I – Jesus' Example

<sup>19</sup> And he took bread, and when he had given thanks, he broke it and gave it to them, saying, “This is my body, which is given for you. Do this in remembrance of me.”

Luke 22:19

Old Greek word for “giving thanks”

*Eucharisteo*



*Charis* -> Grace

*Chara* – a derivative of *charis* means -> Joy



**12** Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, <sup>2</sup> looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Hebrews 12:2

## II – HAPPINESS v JOY

HAPPINESS	JOY
Emotion	State
External experiences	Internal
Variable	Persistent/constant

<sup>11</sup> These things I have spoken to you, that my joy may remain in you, and that your joy may be full.

John 15:11

<sup>13</sup> But now I am coming to you, and these things I speak in the world, that they may have my joy fulfilled in themselves.

John 17:13

### III – OTHER EXAMPLES IN THE BIBLE

<sup>2</sup> Count it all joy, my brothers, when you meet trials of various kinds,

<sup>3</sup> for you know that the testing of your faith produces steadfastness. <sup>4</sup> And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

James 1:2-4

<sup>16</sup> Rejoice always, <sup>17</sup> pray without ceasing, <sup>18</sup> in everything give thanks; for this is the will of God in Christ Jesus for you.

1 Thessalonians 5:16-18



<sup>4</sup> Rejoice in the Lord always; again I will say, rejoice. <sup>5</sup> Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup> do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Phillipians 4:4-7

<sup>1</sup> How long, Lord? Will you forget  
me forever?

How long will you hide your face from  
me?

<sup>2</sup> How long must I wrestle with my thoughts  
and day after day have sorrow in my  
heart?

How long will my enemy triumph over  
me?

Psalm 13

<sup>3</sup> Look on me and answer, Lord my God.  
Give light to my eyes, or I will sleep in  
death,  
<sup>4</sup> and my enemy will say, "I have overcome  
him,"  
and my foes will rejoice when I fall.  
<sup>5</sup> But I trust in your unfailing love;  
my heart rejoices in your salvation.  
<sup>6</sup> I will sing the Lord's praise,  
for he has been good to me.

Psalms 13

## IV – What does this mean for us?

- “You will have tribulation”

<sup>33</sup> “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

John 16:33

<sup>6</sup> Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, <sup>7</sup> casting all your anxieties on him, because he cares for you. <sup>8</sup> Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

1 Peter 5:6-10

<sup>9</sup> Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. <sup>10</sup> And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you.

1 Peter 5:6-10



- Trials have a purpose

<sup>2</sup> Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. <sup>3</sup> Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, <sup>4</sup> and endurance produces character, and character produces hope, <sup>5</sup> and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

Romans 5:2-5

- Don't deny your hurt

<sup>20</sup> Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. <sup>21</sup> A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. <sup>22</sup> So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.

John 16:20-22

<sup>5</sup> Those who sow in tears  
shall reap with shouts of joy!  
<sup>6</sup> He who goes out weeping,  
bearing the seed for sowing,  
shall come home with shouts of joy,  
bringing his sheaves with him.

Psalm 126:5-6

## V – How do we receive this Joy?

**15** “I am the true vine, and my Father is the vinedresser. <sup>2</sup> Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. <sup>3</sup> Already you are clean because of the word that I have spoken to you. <sup>4</sup> Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. <sup>5</sup> I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing

John 15:1-11

<sup>6</sup> If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. <sup>7</sup> If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. <sup>8</sup> By this my Father is glorified, that you bear much fruit and so prove to be my disciples. <sup>9</sup> As the Father has loved me, so have I loved you. Abide in my love. <sup>10</sup> If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. <sup>11</sup> These things I have spoken to you, that my joy may remain in you, and that your joy may be full.

John 15:1-11

22 But the fruit of the Spirit is love, joy,  
peace, patience, kindness, goodness,  
faithfulness,

Galatians 5:22



## VI – What robs us of this JOY?

- When we neglect the word of God

<sup>4</sup>But he answered, “It is written, ““Man shall not live by bread alone, but by every word that comes from the mouth of God.””

Matthew 4:4

- When we neglect prayer

<sup>12</sup> Rejoice in hope, be patient in tribulation, be constant in prayer.

Romans 12:12

- SIN

<sup>10</sup> Create in me a clean heart, O God,  
and renew a right<sup>[b]</sup> spirit within me.

<sup>11</sup> Cast me not away from your presence,  
and take not your Holy Spirit from me.

<sup>12</sup> Restore to me the joy of your salvation,  
and uphold me with a willing spirit.

Psalm 51:10-12

- When we neglect pruning

<sup>1</sup>“I am the true vine, and my Father is the vinedresser. <sup>2</sup> Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit.

John 15:1-2

<sup>11</sup> For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Hebrews 12:11

- When we neglect community

<sup>20</sup> As it is, there are many parts,<sup>[e]</sup> yet one body.

<sup>21</sup> The eye cannot say to the hand, “I have no need of you,” nor again the head to the feet, “I have no need of you.” <sup>22</sup> On the contrary, the parts of the body that seem to be weaker are indispensable, <sup>23</sup> and on those parts of the body that we think less honorable we bestow the greater honor, and our unpresentable parts are treated with greater modesty,

1 Corinthians 12:20-26

<sup>24</sup> which our more presentable parts do not require. But God has so composed the body, giving greater honor to the part that lacked it,<sup>25</sup> that there may be no division in the body, but that the members may have the same care for one another. <sup>26</sup> If one member suffers, all suffer together; if one member is honored, all rejoice together.

1 Corinthians 12:20-26



- When we harden our hearts

Hard soil ---> Hears the word but, like hard soil, does not let it sink in

Rocky Soil ---> Takes the message in but quickly forgets when trials come

Thorny Soil ---> Start to grow but worry and deceitfulness of wealth choke the word. Just like weeds, will take away the nutrients.

Soft Soil ---> Hears God's word and applies it (Firmly rooted)

Matthew 13

<sup>11</sup> I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup> I can do all this through him who gives me strength.

Philippians 4:11-13

<sup>17</sup> Though the fig tree does not bud  
and there are no grapes on the vines,  
though the olive crop fails  
and the fields produce no food,  
though there are no sheep in the pen  
and no cattle in the stalls,  
<sup>18</sup> yet I will rejoice in the Lord,  
I will be joyful in God my Savior.

Habakkuk 3:17-18