



# P.U.S.H.

pray until something happens

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# Birthing the Purposes and Promises of God

A woman in silhouette stands on a cliff overlooking a lake at sunset. The scene is framed by a large, semi-transparent circular graphic. The background features a rugged cliff on the left, a calm lake in the middle ground, and distant mountains under a warm, golden sky. A small evergreen tree is visible in the foreground on the right.

## ***Natural Pregnancy***

- Intimacy
- New life

## ***Spiritual Pregnancy***

- Intimacy
- Word/Vision

## ***1<sup>st</sup> Trimester***

- Concealment
- Nutrition
- Jewish Custom

- Guard the Word
- **Feed on the Truth**

***Natural  
Pregnancy***

***Spiritual  
Pregnancy***

***2nd Trimester***

- Pregnancy is evident (glow)
- Energy
- Favour

- Vision or mission is clear
- God equips
- People see God's hand

***Natural  
Pregnancy***

***Spiritual  
Pregnancy***

***3rd Trimester***

- Exponential growth
- Discomfort
- Baby as reward
- Jewish custom

- You are stretched!
- Builds character
- VISION
- The Word

# *Labour and Birth*

- Nesting Instinct
- Birth Pangs (sore/irritated)
- Baby is ready
- Position is important
- Sense of restlessness
- “wordless groans and aching sighs”
- Promise is ready
- Be positioned

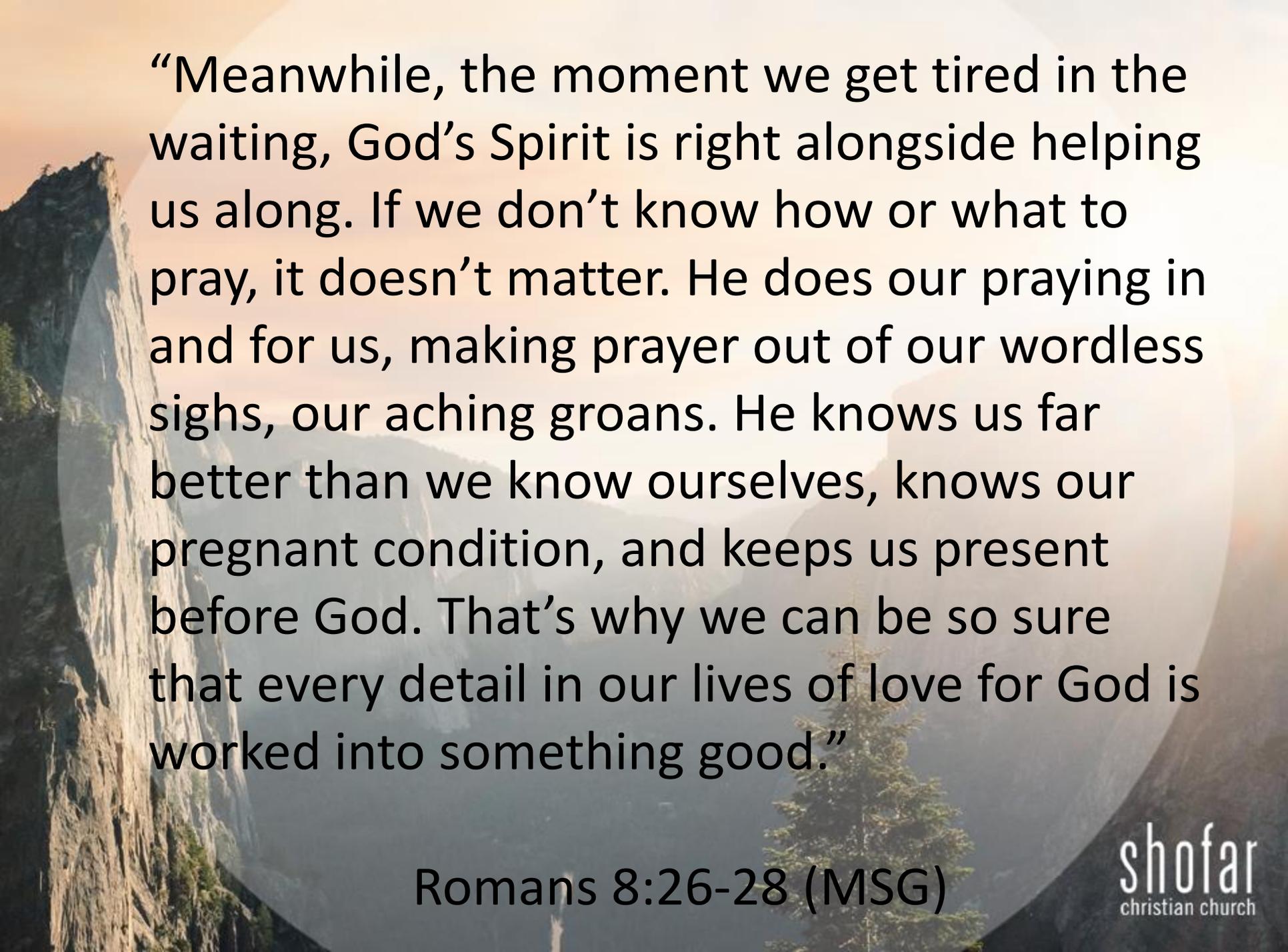
# *Labour and Birth*

## *Natural*

- Irrational moment
- Many women lack strength
- Travailing

## *Spiritual*

- There's a battle
- Get people around you
- The prayer for birth



“Meanwhile, the moment we get tired in the waiting, God’s Spirit is right alongside helping us along. If we don’t know how or what to pray, it doesn’t matter. He does our praying in and for us, making prayer out of our wordless sighs, our aching groans. He knows us far better than we know ourselves, knows our pregnant condition, and keeps us present before God. That’s why we can be so sure that every detail in our lives of love for God is worked into something good.”

Romans 8:26-28 (MSG)

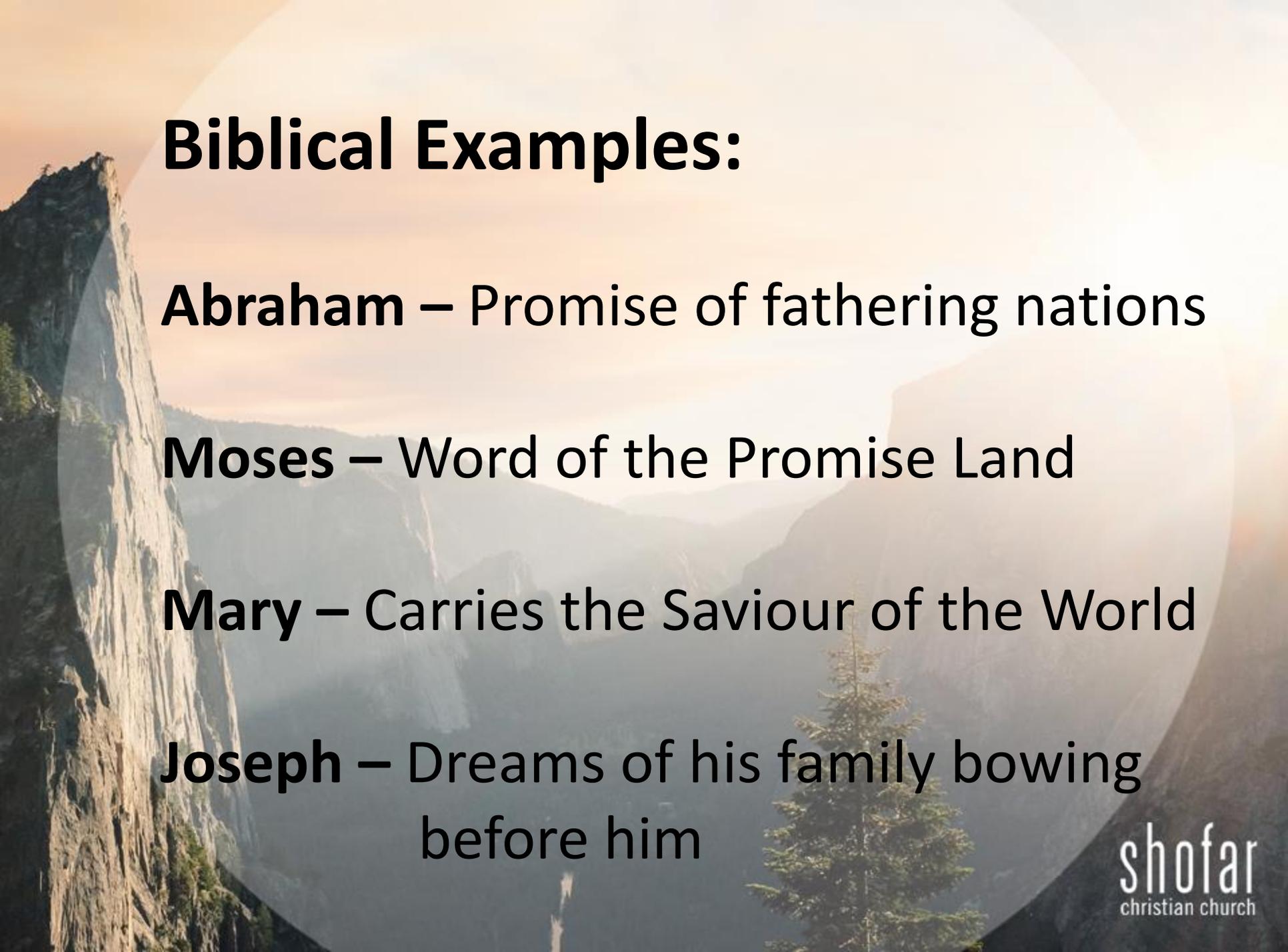
# TRAVAILING:

THE PRAYER THAT BRINGS FORTH BIRTH

Webster's New World Dictionary

## Travail:

**n. 1. very hard work. 2. the pains of childbirth. 3. intense pain; agony. v. 1. to toil. 2. to suffer the pains of childbirth.**

A scenic view of a mountain valley, likely Yosemite, with a large circular graphic overlay. The text is centered over the image.

# **Biblical Examples:**

**Abraham** – Promise of fathering nations

**Moses** – Word of the Promise Land

**Mary** – Carries the Saviour of the World

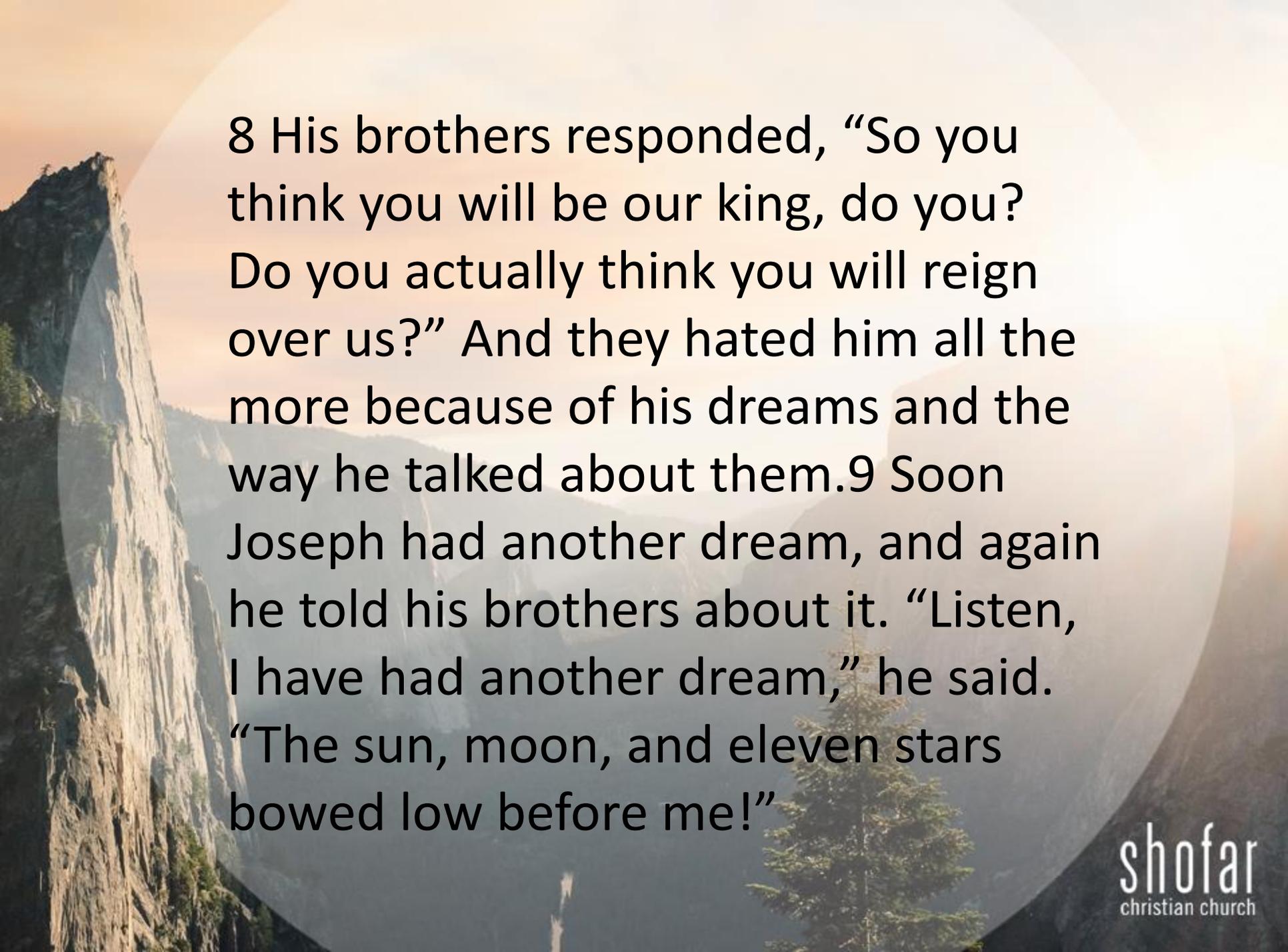
**Joseph** – Dreams of his family bowing  
before him

# THE LIFE OF JOSEPH

## The Dream

Genesis 37:6-9

7“We were out in the field, tying up bundles of grain. Suddenly my bundle stood up, and your bundles all gathered around and bowed low before mine!”



8 His brothers responded, “So you think you will be our king, do you? Do you actually think you will reign over us?” And they hated him all the more because of his dreams and the way he talked about them.9 Soon Joseph had another dream, and again he told his brothers about it. “Listen, I have had another dream,” he said. “The sun, moon, and eleven stars bowed low before me!”

# The Waiting and Testing Slavery and Imprisonment?!

Psalm 105:17-19

“17 Then he sent someone to Egypt ahead of them— Joseph, who was sold as a slave. 18 They bruised his feet with fetters and placed his neck in an iron collar. 19 Until the time came to fulfill his dreams, the Lord tested Joseph’s character.”

(“...THE WORD TESTED HIM” NKJV)

A scenic view of a mountain valley, likely Yosemite, with a large circular overlay in the foreground. The overlay is a semi-transparent white circle that frames the text. The background shows a deep valley with a river, surrounded by steep, rocky cliffs and green trees. The sky is a mix of blue and orange, suggesting a sunrise or sunset.

## **Proverbs 29:18 (ESV)**

“Where there is no prophetic vision the people cast off restraint...”

## **Proverbs 29:18 (NLV)**

“If people can’t see what God is doing, they stumble all over themselves...”

# Working in the Waiting

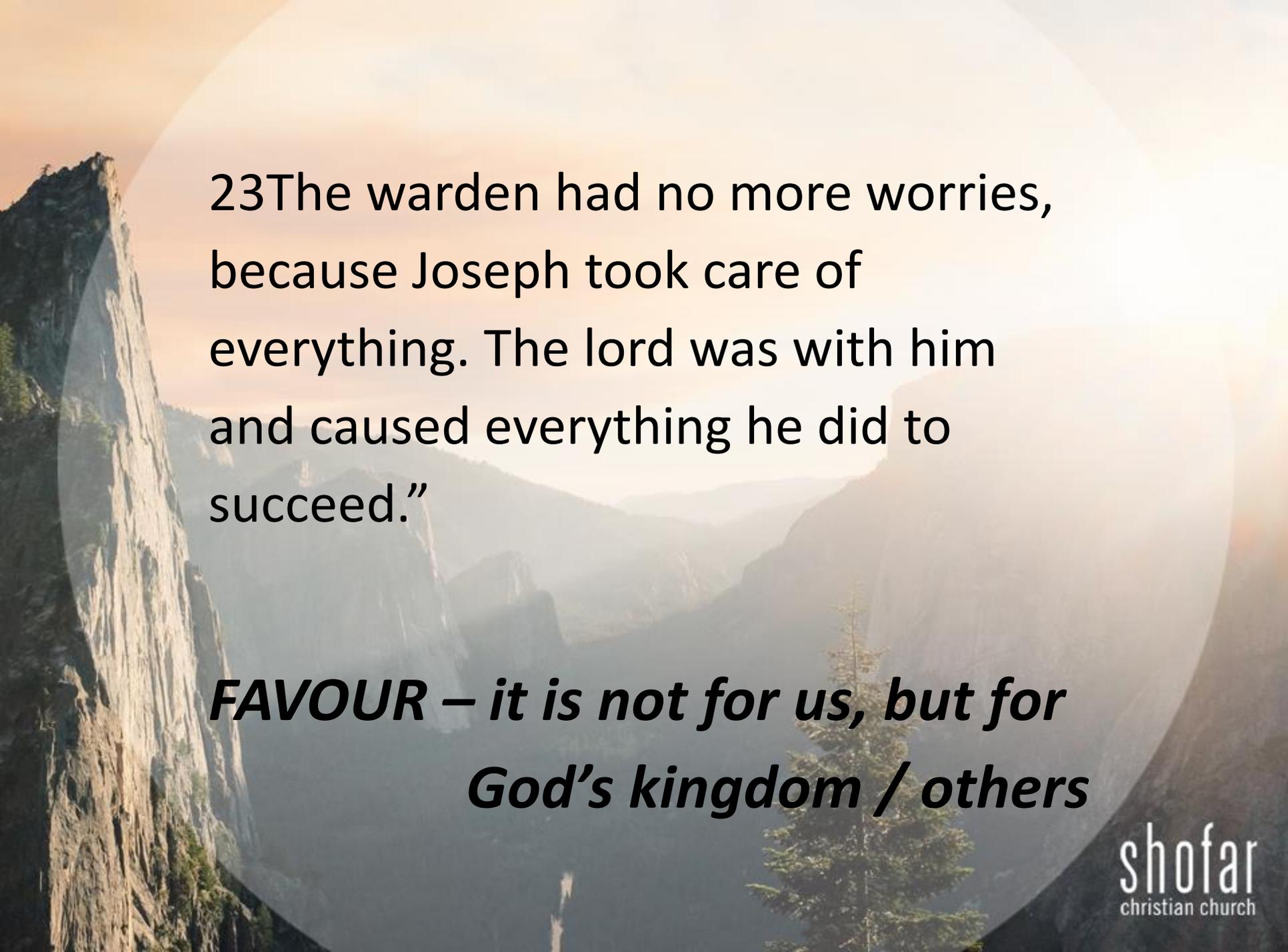
5 From the day Joseph was put in charge of his master's household and property, the lord began to bless Potiphar's household for Joseph's sake. All his household affairs ran smoothly, and his crops and livestock flourished. 6 So Potiphar gave Joseph complete administrative responsibility over everything he owned. With Joseph there, he didn't worry about a thing

Genesis 39:2-6

# God's Divine Favour

## Genesis 39:21-23

But the lord was with Joseph in the prison and showed him his faithful love. And the lord made Joseph a favourite with the prison warden. 22 Before long, the warden put Joseph in charge of all the other prisoners and over everything that happened in the prison.

A scenic view of a mountain valley, likely Yosemite National Park, with a large circular graphic overlay. The text is centered within the circle.

23The warden had no more worries,  
because Joseph took care of  
everything. The lord was with him  
and caused everything he did to  
succeed.”

***FAVOUR – it is not for us, but for  
God’s kingdom / others***

# A Dream Come True

## Genesis 42: 6-7 (MSG)

Joseph was running the country; he was the one who gave out rations to all the people. When Joseph's brothers arrived, they treated him with honour, *bowing to him*.