



DELIGHT & DESIRE

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Psalm 37 vs 1 - 8:

¹Do not fret because of evil men or be envious of those who do wrong; ²for like grass they will soon wither, like green plants they will soon die away.

³Trust in the Lord and do good; dwell in the land and enjoy safe pasture.

⁴Delight yourself in the Lord and he will give you the desires of your heart.

⁵Commit your way to the Lord; trust in him and he will do this: ⁶He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. ⁷Be still before the Lord and wait patiently for him; do not fret when men succeed in their ways when they carry out their wicked schemes. ⁸Refrain from anger and turn from wrath; do not fret - it leads only to evil.



1. Delight yourself in God's Word:
Psalm 1: "...delight is in the law of the Lord and on his law he meditates day and night"
 - Meditate on the Word;
 - Memorize God's Word;
2. Delight to do God's will:
Psalm 40: "I delight to do Your will, O my God, and Your law is within my heart"
 - It is an action!
 - Separate yourself from sin



3. Delight in God's Creation:

Psalm 19: "The heavens declare the glory of God, the skies proclaim the works of his hands"

- They declare his wisdom and power;
- Magnify and praise Him;

European water spider





Delight in the Lord



Work - action



Psalm 37 v 4 (b)

“.....and he will **give** you the desires of your heart” —

Ezekiel 11 v 19

“¹⁹I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh. ²⁰Then they will follow my decrees and be careful to keep my laws. They will be my people and I will be their God”.



In summary:

Delight in the Lord:

- Delight in His Word;
- Delight to do His Will;
- Delight in His creation;

so that He may shape the desires of your heart