

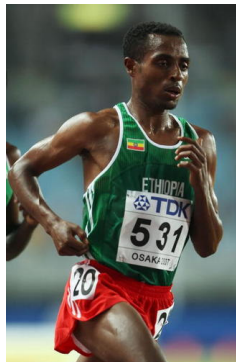
**Title:** Alignment  
**Pastor:** Lucille May  
**Date:** 25 July 2010  
**Time:** 09:00



### **I Corinthians 9:24, 26-27**

<sup>24</sup> Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.

<sup>26</sup> Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. <sup>27</sup> But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.



### **Isaiah 40:31**

<sup>31</sup> But those who wait on the LORD shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

### **Drink – worship**

#### **John 4:14, 23**

<sup>14</sup> but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life. <sup>23</sup> But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him.

### **Eat – Word**

#### **John 1:1**

<sup>1</sup> In the beginning was the Word, and the Word was with God, and the Word was God.

#### **John 6:32-35**

<sup>32</sup> Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. <sup>33</sup> For the bread of God is He who comes down from heaven and gives life to the world." <sup>34</sup> Then they said to Him, "Lord, give us this bread always." <sup>35</sup> And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."

### **Regular – unload**

#### **I Peter 5:7**

<sup>7</sup> casting all your care upon Him, for He cares for you.

#### **Psalms 55:22a**

<sup>22</sup> Cast your burden on the LORD, and He shall sustain you...

## Exercise – service

### **Ephesians 2:10**

<sup>10</sup> For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

### **Ephesians 4:7**

<sup>7</sup> But to each one of us grace was given according to the measure of Christ's gift.

### **I Corinthians 12:18-21, 25**

<sup>18</sup> But now God has set the members, each one of them, in the body just as He pleased. <sup>19</sup> And if they were all one member, where would the body be? <sup>20</sup> But now indeed there are many members, yet one body. <sup>21</sup> And the eye cannot say to the hand, "I have no need of you"; nor again the head to the feet, "I have no need of you."

<sup>25</sup> that there should be no schism in the body, but that the members should have the same care for one another.