Romans 8:1-4  
1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.  
2 For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.  
3 For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,  
4 that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.  
5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.  
6 For to be carnally minded is death, but to be spiritually minded is life and peace.  
7 Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.  
8 So then, those who are in the flesh cannot please God.  
9 But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.  
10 And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness.  
11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.  
12 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.  
13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.  
14 For as many as are led by the Spirit of God, these are sons of God.  
15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”

Renewing our mind

Rom 12:1-2  
1 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.  
2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Phil 4:4-9  
4 Rejoice in the Lord always. Again I will say, rejoice!  
5 Let your gentleness be known to all men. The Lord is at hand.  
6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;  
7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.  
8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are
pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. 9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

**Heb 10:19-23** 19 Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, 20 by a new and living way which He consecrated for us, through the veil, that is, His flesh, 21 and having a High Priest over the house of God, 22 let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water. 23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

**Exposing the enemy**

- Devil is a murderer and the father of lies John 8:44
- What does he lie about- two things which comes in direct opposition to Gods law of love which brings unbelief regarding the love that God has for us, we for Him and loving our neighbors as ourselves- Mat 22:37-38
- Enemy condemns our conscience - the Spirit of Truth brings conviction which leads to repentance and a deeper relationship with Christ
- Holy Spirit is the Spirit of Truth! Confess your sins and you will be free

**John 16:7-11** 7 Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you. 8 And when He has come, He will convict the world of sin, and of righteousness, and of judgment: 9 of sin, because they do not believe in Me; 10 of righteousness, because I go to My Father and you see Me no more; 11 of judgment, because the ruler of this world is judged 12 “I still have many things to say to you, but you cannot bear them now. 13 However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come. 14 He will glorify Me, for He will take of what is Mine and declare it to you. 15 All things that the Father has are Mine. Therefore I said that He will take of Mine and declare it to you.

He will convict the world (Conviction is the state of being convinced of error or compelled to admit the truth - A strong persuasion or belief.) of sin because they do not believe in Me - sin is unbelief - not having faith/not trusting/no relationship

**John 3:15-18** 15 that whoever believes in Him should not perish but have eternal life. 16 For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. 17 For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. 18 “He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God

**1 John 3:16-17** 16 By this we know love, because He laid down His life for us. And we also ought to lay down our lives for the brethren. 17 But whoever has this world’s goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him?
John 17:20-23  

20 “I do not pray for these alone, but also for those who will believe in Me through their word; 21 that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me. 22 And the glory which You gave Me I have given them, that they may be one just as We are one: 23 I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me.

1 Cor 2:16-17  

16 Nevertheless when one turns to the Lord, the veil is taken away. 17 Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty.

Grace is a person Jesus, who He has paid! When we believe Him we repent. The outflow is that we understand the new found freedom that drives us away from the old towards Him. It is like discovering the pearl of great prize. If we found something so amazing do we go to the old places we looked before - NO WAY tell the world of the treasure you have found

What are we hungry for?

Fruit of the Spirit

When we get together

Father loves us. Full stop

From our side His love demands a response

John 14:31 Jesus :the world may know that I love the Father, and as the Father gave Me commandment, so I do

John 15:9 As the Father loved me I also have loved you, abide in my love

1 Cor 14:26 How is it then, brethren? Whenever you come together, each of you has a psalm, has a teaching, has a tongue, has a revelation, has an interpretation. Let all things be done for edification

Ephesians 6:10-19 10 Finally, my brethren, be strong in the Lord and in the power of His might. 11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age,[c] against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, 15 and having shod your feet with the preparation of the gospel of peace; 16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God; 18 praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints— 19 and for me, that utterance may be given to me, that I may open my mouth boldly to make
known the mystery of the gospel, \(^{20}\) for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak.