

**Title:** Wash your face  
**Pastor:** Anton Myburgh  
**Date:** 02 July 2017  
**Time:** 9:00am



**ISAIAH 40:28-31** <sup>28</sup> Have you not known? Have you not heard? The everlasting God, the LORD, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable.

<sup>29</sup> He gives power to the weak, And to those who have no might He increases strength. <sup>30</sup> Even the youths shall faint and be weary, And the young men shall utterly fall,

<sup>31</sup> But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

### *Inspiring videos*

**Heather Dorniden**

**Derek Redmond**

**PSALM 42:5-6 & 11** <sup>5</sup> Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance. <sup>6</sup> O my God, my soul is cast down within me; Therefore I will remember You from the land of the Jordan, And from the heights of Hermon, From the Hill Mizar. <sup>11</sup> Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.

### A FEW KEYS

i. I will remember

ii. I will hope

iii. I will praise

**GENESIS 43:29-31** <sup>29</sup> Then he lifted his eyes and saw his brother Benjamin, his mother's son, and said, "Is this your younger brother of whom you spoke to me?" And he said, "God be gracious to you, my son." <sup>30</sup> Now his heart yearned for his brother; so Joseph made haste and sought somewhere to weep. And he went into his chamber and wept there. <sup>31</sup> Then he washed his face and came out; and he restrained himself, and said, "Serve the bread."

**2 SAMUEL 12:17-24** <sup>17</sup> So the elders of his house arose and went to him, to raise him up from the ground. But he would not, nor did he eat food with them. <sup>18</sup> Then on the seventh day it came to pass that the child died. And the servants of David were afraid to tell him that the child was dead. For they said, "Indeed, while the child was alive, we spoke to him, and he would not heed our voice. How can we tell him that the child is dead? He may do some harm!" <sup>19</sup> When David saw that his servants were whispering, David perceived that the child was dead. Therefore David said to his servants, "Is the child dead?" And they said, "He is dead."

<sup>20</sup> So David arose from the ground, washed and anointed himself, and changed his clothes; and he went into the house of the LORD and worshiped. Then he went to his own house; and when he requested, they set food before him, and he ate. <sup>21</sup> Then his servants said to him, "What is this that you have done? You fasted and wept for the child while he was alive, but when the child died, you arose and ate food." <sup>22</sup> And he said, "While the child was alive, I fasted and wept; for I said, 'Who can tell whether the LORD will be gracious to me, that the child may live?' <sup>23</sup> But now he is dead; why should I fast? Can I bring him back again? I shall go to him, but he shall not return to me."

<sup>24</sup> Then David comforted Bathsheba his wife, and went in to her and lay with her. So she bore a son, and he called his name Solomon. Now the LORD loved him,

### **KING DAVID**

- i) Washed his face
- ii) Anointed himself
- iii) Changed his clothes
- iv) He worshiped
- v) He ate