A heart attack occurs when one or more of your coronary arteries become blocked. Over time, a coronary artery can narrow from the build-up of various substances, including cholesterol. This condition, known as coronary artery disease, causes most heart attacks.

Hope deferred makes the heart sick, but when the desire comes, it is a tree of life.

Proverbs 13:12

12 Before destruction the heart of a man is haughty, and before honour is humility. 14 The spirit of a man will sustain him in sickness, but who can bear a broken spirit?

Proverbs 18 NKJV
Causes for heart attack

He who *isolates* himself seeks his own desire. He rages against all wise counsel.

*Proverbs 18:1*

Causes for heart attack

1. Discouragement
2. Failure
3. Loneliness
4. Moral failure
5. Financial pressure
6. Anger
7. Burnout
8. Physical health
9. Marriage/family problems
10. Too busy