Deuteronomy 23:12-14 (AMP) 12 You shall have a place also outside the camp to which you shall go [as a comfort station]; 13 And you shall have a paddle or shovel among your weapons, and when you sit down outside [to relieve yourself], you shall dig a hole with it and turn back and cover up what has come from you. 14 For the Lord your God walks in the midst of your camp to deliver you and to give up your enemies before you. Therefore shall your camp be holy, that He may see nothing indecent among you and turn away from you.

What is intimacy?
“A close, familiar, and usually affectionate or loving personal relationship with another person or group. An amorously familiar act including sexual intercourse”
Vulnerability without the fear of guilt and shame

1 Corinthians 8:3 (AMP) But if one loves God truly [with affectionate reverence, prompt obedience, and grateful recognition of His blessing], he is known by God [recognized as worthy of His intimacy and love, and he is owned by Him].
- Attunement to self and other
- Involves choice and not dependency or objectification

How can we be intimate with ourselves?
- Choosing to be real
- Choosing to acknowledge spirit, soul and body, personality, gifting, calling etc.
- Seeing ourselves as separate from others and from God but choosing to be intimate

How can we be intimate with others?
- Choosing to spend time invested in building relationship. Always involve a sacrifice
- Using tools like the E series, 5 love languages & Evergreen parenting course
- Curiosity about the other

How do we become intimate with God?
1. Reading the word
3. Quality time: quiet times
4. Gift giving: offering
5. Words of affirmation: praise and thanksgiving
6. Faith
7. Sacrifice of the body

Sewage in the camp
Distrust due to a lack of attunement / nurturing
Self-reliance and perfectionism
Split between who we are in Christ and who we are on a daily basis (lack of integration)
Satan aims to tempt us into doubting God’s character and to choose defilement and sin (separates us)

Genesis 3:1-11  
now the serpent was more subtle and crafty than any living creature of the field which the Lord God had made. And he [Satan] said to the woman, Can it really be that God has said, you shall not eat from every tree of the garden?  
And the woman said to the serpent, we may eat the fruit from the trees of the garden,  
except the fruit from the tree which is in the middle of the garden. God has said, you shall not eat of it, neither shall you touch it, lest you die.  
But the serpent said to the woman, You shall not surely die,  
For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing the difference between good and evil and blessing and calamity. And when the woman saw that the tree was good (suitable, pleasant) for food and that it was delightful to look at, and a tree to be desired in order to make one wise, she took of its fruit and ate; and she gave some also to her husband, and he ate.  
Then the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves apron like girdles.  
And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden.  
But the Lord God called to Adam and said to him, where are you?  
He said, I heard the sound of you [walking] in the garden, and I was afraid because I was naked; and I hid myself.  
And He said, who told you that you were naked? Have you eaten of the tree of which I commanded you that you should not eat?

Stumbling blocks to toilet training
- Spiritual and emotional infancy
- Diarrhoea or constipation
- No shovel
- Fear
- Laziness and ill discipline
- Deafness and rebellion
- Corporate sin / generational curses

What is defilement?
To make foul, dirty, unclean or pollute. To desecrate or violate (dictionary.com)
Waste in and of itself is not bad. Similarly the self is not bad. However if we do not know how to dispose of it and we allow it to contaminate us, it affects our intimacy with God.

Matthew 15:17-20  
Do you not see and understand that whatever goes into the mouth passes into the abdomen and so passes on into the place where discharges are deposited?  
But whatever comes out of the mouth comes from the heart, and this is what makes a man unclean and defiles [him].  
For out of the heart come evil thoughts (reasoning’s and disputing’s and designs) such as murder, adultery, sexual vice, theft, false witnessing, slander, and irreverent speech.  
These are what make a man unclean and defile [him]; but eating with unwashed hands does not make him unclean or defile [him].
Hindrances to intimacy

1. Rules or patterns of relating
2. Over simplification
3. Perfectionism and procrastination
4. Avoidance
5. Guilt
6. Shame and exposure
7. Perception of the other as angry / punishing
8. Lack of integrated identity
9. Lack of perseverance

4 steps:

1. Confession and Accountability
2. Repentance (self and generationally)
3. Seek intimacy
4. Avoid performance

Infant versus the Warrior

Different life stages (Lifemodel.org)
Try to fast track development to the detriment of the individual
Or we allow regression and inappropriate under development
“When families, churches and communities do not know the required tasks or supply the needs for maturity to form, the inevitable result will be immaturity, addictions, husbands and wives acting more like children than adults and the same defects being passed onto the next generation.”
Jim Wilder

Prayer and ministry

1. Corporate defilement: lack of intimacy with one another and with God
2. Impotency in the church of Christ. Unable to connect with God or others
3. Individual sin and secrecy (secret struggles)
4. Fruits of illegitimacy and impotency (physical or spiritual), guilt, shame
5. Generational sins
6. Performance based relating / conditional love
7. Nurturing needs unfulfilled
8. Emotional and spiritual immaturity (infant or child)