

**Title: I am accepted because He was rejected**  
**Pastor: Theo van Houten**  
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**Time: 9:00am**



## A wounded spirit who can bear?

### Proverbs 18:14

A man's spirit will endure sickness, but a crushed spirit who can bear?

### Proverbs 15:13

A glad heart makes a cheerful face, but by sorrow of heart the spirit is crushed.

*Rejection can be defined as the sense of being unwanted. You desire people to love you, yet you believe that they do not. You want to be part of a group, but you feel excluded. Somehow you are always on the outside looking in. – Derek Prince*

## The causes of rejection

All relationships have the risk of rejection. Deepest wound that humans can experience.

1. Deepest wound is as a child
2. By others – not chosen
3. Our circumstance – lost, sickness, poverty

## The destructive fruits of rejection

You pull away from others / God	Dissatisfaction / Perfectionism	Fear of making mistakes
Negative and perverse desires	Being double minded / Uncertainty	Something that always drives you
Condemnation	Fear of rejection	Rebellion
Guilt	Depression	Self-pity
you judge others	Loneliness / isolation	Stubbornness
Disbelief / not trust God	Blame or condemn themselves	Not willing to be open, confess sin.
Worry / Anxiety	Jealousy and envy	Idolatry
Control over others	Ingratitude	Low self-esteem
Discouragement	Hopelessness	Fear of abandonment
You search for love in the wrong places	Accusations against God, yourself or others	Do not trust in God, yourself or others

## Rejection leads to betrayal & shame

### Isaiah 54:6-8 (NIV)

<sup>6</sup> The Lord will call you back as if you were a wife deserted and distressed in spirit— a wife who married young, only to be rejected,” says your God. <sup>7</sup> “For a brief moment I abandoned you, but with deep compassion I will bring you back. <sup>8</sup> In a surge of anger I hid my face from you for a moment, but with everlasting kindness I will have compassion on you,” says the Lord your Redeemer.

## How we deal with rejection

### 1 John 4:18-19

<sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. <sup>19</sup> We love because he first loved us.

## How we deal with rejection

1. Person gives in
  - Rejection
  - Loneliness
  - Self-pity
  - Misery
  - Depression
  - Despair or hopelessness
  - Death or suicide
2. Person holds out
3. Person fights back

## Jesus was rejected for us

### Luke 23:18-21

<sup>18</sup> But they all cried out together, "Away with this man, and release to us Barabbas"—

<sup>19</sup> a man who had been thrown into prison for an insurrection started in the city and for murder.

<sup>20</sup> Pilate addressed them once more, desiring to release Jesus, <sup>21</sup> but they kept shouting, "Crucify, crucify him!"

### Isaiah 53:3

He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.

## Look to Jesus for acceptance & healing

### Hebrews 12:2-3

<sup>2</sup> looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

<sup>3</sup> Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

## Luke 23:34

And Jesus said, "Father, forgive them, for they know not what they do."

## Accept that we are chosen

### Ephesians 1:3-6

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love <sup>5</sup> he predestined us for adoption as sons through Jesus Christ, according to the purpose of his will, <sup>6</sup> to the praise of his glorious grace, with which he has blessed us in the Beloved.

## Our healing is in God and not in people

### Zephaniah 3:17-20

<sup>17</sup> The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing. <sup>18</sup> I will gather those of you who mourn for the festival, so that you will no longer suffer reproach.

<sup>19</sup> Behold, at that time I will deal with all your oppressors. And I will save the lame and gather the outcast, and I will change their shame into praise and renown in all the earth. <sup>20</sup> At that time I will bring you in, at the time when I gather you together; for I will make you renowned and praised among all the peoples of the earth, when I restore your fortunes before your eyes," says the LORD.

## How do we get healing?

1. Accept that you have been rejection
2. Forgive people who have rejected you
3. Renounce the destructive fruits of rejection
4. Accept that I am accepted because Jesus was rejected.
5. Accept yourself
6. Find acceptance in God's family

## Prayer

Lord Jesus Christ, I believe that you are the Son of God and the only way to God. You died on the cross for my sins, and You rose again from the dead. I repent of all my sins, and I forgive every other person as I would have God forgive me. I forgive all those who have rejected me, hurt me and failed to show me love, Lord. I trust you to forgive me. Jesus I believe that You accept me. I am accepted because of the cross. I am highly favoured. I am the object of your special care. You really love me. You want me. Lord Jesus, Your Father is my Father. Heaven is my home. I am a member of Your family, the best family in the Universe. I am accepted. Thank You! Thank You! In Jesus Name. Amen.