

**Title:** Grown Ups  
**Pastor:** Kurt Alexander  
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**Time:** 18:00pm



## Google Definition

In psychology, maturity is the ability to respond to the environment in an appropriate manner. this response is generally learned rather than instinctive, and is not determined by one's age. maturity also encompasses being aware of the correct time and place to behave and knowing when to act appropriately, according to the circumstances and the culture of the society one lives in.<sup>[1]</sup> adult development and maturity theories include the purpose in life concept, in which maturity emphasizes a clear comprehension of life's purpose, directedness, and intentionality which, contributes to the feeling that life is meaningful.

## Kurt's Definition

It is the ability to measure ones responses in terms of its constructiveness within varying contexts of interaction, resisting ones natural instinctive impulses and without any outside correction.

## Albert Einstein

I live in that solitude which is painful in youth, but delicious in the years of maturity.

**Matthew 18: 3 (NIV)** <sup>3</sup> and he said: "truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.

**Ephesians 4:11-16 (ESV)** <sup>11</sup> and he gave the apostles, the prophets, the evangelists, the shepherds and teachers, <sup>12</sup> to equip the saints for the work of ministry, for **building up** the body of Christ, <sup>13</sup> until we all attain to the unity of the faith and of the knowledge of the son of god, to **mature manhood**, to the measure of the stature of **the fullness of Christ**, <sup>14</sup> so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. <sup>15</sup> rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

**John 8:31-32 (NIV)** <sup>31</sup> so Jesus said to the Jews who had believed him, "if you abide in my word, you are truly my disciples, <sup>32</sup> and you will know the truth, and the truth will set you free."

**John 16:13** <sup>13</sup> When the spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.

**Matthew 11:28-30 (NIV)** <sup>28</sup> 'come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> for my yoke is easy and my burden is light.'

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