Title:	**The key to transformation**
Pastor:	**Hennie Swart**
Date:	**7 April 2013**
Time:	**9:00am & 18:00pm**

Introduction

Rom 7:15 For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.

- Who of you are completely satisfied with your behavior?
- What is the root of the problem?

Rom 12:1-2 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Do not be conformed...

- We are constantly being either conformed or transformed.
- We are under constant pressure from 'this age' to be conformed to a 'debased mind'

Rom 1:28 And since they did not see fit to acknowledge God, God gave them up to a debased mind to do what ought not to be done.

- (compare Rom 3:23 - missing the mark)

but be transformed...

- If the problem is a 'debased mind' then the solution is a renewed mind.
- Jesus' first sermon = 'Repent...' (Matt 4:17)
- 'Transformed' = metamorphousthe
- ...like a butterfly

How to renew your mind

1. **Take every thought captive**

2 Cor 10:4-5 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ...

2. Think on these things

Phil 4:8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

In other words, 'don't just remove, replace.'
- Not just the thoughts, but also the feelings connected to the thoughts.
- Why do we struggle to let go of old thought patterns? - like old shoes...

Conclusion

In order to transform our lives we need to renew our minds.

Don't just remove, replace!