

**Title: Preparing for the Holidays**  
**Speaker: Michael Grobler**  
**Date: 12 December 2010**  
**Time: 09:00**



### True rest

#### Hebrews 4:1-12

<sup>1</sup>Therefore, since a promise remains of entering into His rest, let us fear lest any of you seem to have come short of it. <sup>2</sup>For indeed the gospel was preached to us as well to as to them; but the Word which they heard did not profit them, not being mixed with faith in those who heard it. <sup>3</sup>For we who have believed do enter that rest...<sup>9</sup>There remains therefore a rest for the people of God. <sup>10</sup>For he who has entered His rest has himself also ceased from his works as God did from His. <sup>11</sup>Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience. <sup>12</sup>For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and joints and marrow and is a discerner of the thoughts and intents of the heart.”

### The Rest of God

Katapau/sis – hebr.

- To settle down, to cease, to rest, to give rain
- Rest also means freedom from whatever worries or disturbs you. Some people cannot rest mentally and emotionally because they are so easily annoyed. Every little nuisance upsets them and they always feel hassled. Rest does not mean freedom from all nuisances and hassles; it means freedom from being so easily bothered by them.

**Christ can make the rest of your days, Be the best of your days, If He is the Rest of your days.**

### Believing – mixing with faith

#### Hebrews 4:2

<sup>2</sup>For indeed the gospel was preached to us as well to as to them; but the Word which they heard did not profit them, not being mixed with faith in those who heard it. <sup>3</sup>For we who have believed do enter that rest...

### His people

#### Hebrews 4:9

<sup>9</sup>There remains therefore a rest for the people of God

### The Word – The Sword

#### Hebrews 4:12

<sup>12</sup>For the Word of God is living and powerful...

#### Hebrews 4:11

<sup>11</sup>Let us labor therefore to enter into His rest.

**Know Christ and you will know rest. No Christ and there will be no rest! ...In this life or the one to come!**

### Living fully

(fulfilment & enjoyment)

- one life – make it count

#### a: David

#### Acts 13:36

<sup>36</sup>David, after he had served the purpose of God in his own generation, fell asleep...

## **b: Jesus**

### **John 10:10b**

<sup>10</sup>...I have come so that you may have life and life in abundance.

**30 + 3 = 33 years**

## **c: Living fully**

- Knowledge of limitless life/Besef van grenslose bestaan – no limit
- Dedication / doelgerigheid

### **c1. No limit / Grensloosheid**

#### **John 3:34b**

<sup>34</sup>...for God gives the Spirit without measure.

#### **Phillipians 4:13**

<sup>13</sup>I can do all things through Christ who strengthens me.

#### **Mark 9:23**

<sup>23</sup>...all things are possible to him who believes.

### **c2. Dedication**

#### **Matthew 11:12 NKJV**

<sup>12</sup>And from the days of John the Baptist until now the kingdom of heaven suffers violence, and the violent take it by force.

#### **Matthew 11:12 (NIV)**

<sup>12</sup>From the days of John the Baptist until now, the kingdom of heaven has been forcefully (deliberately) advancing, and (deliberate) forceful men lay hold of it.

## **d: Today or tomorrow**

### **James 4:13-16**

<sup>13</sup>Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." <sup>14</sup>Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. <sup>16</sup>As it is, you boast and brag. All such boasting is evil.

## **e: Full life**

### **Matthew 28:5-7**

<sup>5</sup>The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. <sup>6</sup>He is not here; he has risen, just as he said. Come and see the place where he lay. <sup>7</sup>Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him.' Now I have told you."

## **f: Summary**

### Rest

- Word of God
- Believing & Mixing Faith
- Family

### Living Fully

- Short but long enough.
- David & Jesus examples = living fully
- Living through the Spirit – No limit
- Forcefully progressing
- Living for today