

**Title: Wash Your Face**  
**Speaker: Heinrich Titus**  
**Date: 25 August 2010**  
**Time: 18:00**



**Our journey thus far**

**Sunday evening**

When a man loves a woman – something Divine

**Monday Evening**

Naked and unashamed – it is worth waiting for the prize of intimacy that God has in store for us in marriage.

**Tuesday Evening**

Buddies for life – The strength of our friendships to a large extent will determine the strength of our lives and marriages.

**Wednesday Evening**

Wash your face and anoint yourself – getting ready to step out of your past into your destiny.

**Things I have learnt from girl-friends**

- It is OK not to be OK.
- Relationships are more important than sports!
- We can be close without being romantic.
- Girls are not a distraction or a temptation.
- Words are powerful.
- True beauty comes from the inside.
- Trust is a precious gift.
- Sweat the small stuff.

**Are you wearing your past on your face?**

**Ruth 3:3**

"Therefore wash your face and anoint yourself, put on your best garment and go down to the threshing floor; but do not make yourself known to the man until he has finished eating and drinking.

**Rinse out your eyes.**

**Guys:** Women are not a temptation or a distraction

**Ladies:** A guy can never be your saviour

**Read the Word, read the Word, read the Word, read the Word.**

**Anoint yourself and put on new garments**

- Put on the Lord Jesus: that is the fragrance that you leave behind.
- Become a worshipper: in his image you are changed.