

**Title:** Timothy – Exercise yourself towards godliness  
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**Time:** 18:00



### 1 Tim 4:7

“... Train yourself toward godliness.”

#### 1. What is this train in godliness?

##### Godliness :

- eusebeia
- *yoo-seb'-i-ah*
- *piety*; specifically the *gospel* scheme: - godliness, holiness.
- In the Greek language means: piety or holiness
- The things of the Lord
- The things of the Kingdom of God
- A life dedicated and surrender to the Lord
- A life in service of the Lord!

##### Train:

- Paul used the word *gumnazō* in the Greek.
- *goom-nad'-zo*
- to *practise naked* (in the games), that is, *train* (figuratively): - exercise.

##### Where is that gymnasium?

- In your closet!
- In the congregation!

### 2 Tim 2:15

“Study and be eager and do your utmost to present yourself to God approved (tested by trail), a workman who has no cause to be ashamed, correctly analyzing and accurately dividing (rightly handling and skilfully teaching) the Word of Truth.”

### 1 Tim 4:12

“Let no one despise or think less of you because of your youth, but be an example (pattern) for the believers in speech, in conduct, in love, in faith, and in purity.”

#### 2. Why is this trained in godliness so important or necessary?

- Because the assault on your life will become bigger ....
- Because the world must be conquer for Christ ...

##### Africa

- **Population:** 1,033,042,510    **Annual Growth:** 2.30%
- **Urbanites:** 40%
- **Languages:** 2,110
- **Largest Religion:** Christian
- **Christians** 503,742,50848.77
- **48.7% of the population**

- **Christianity has grown** to become the religion of almost half of Africa's population, and nearly two-thirds of sub-Saharan Africa. From 1900 to 2010, Christian numbers grew from 9.1% of the population to 48.8%, and from 7.5 million to 504 million.

#### **Heb 5:11-14**

<sup>11</sup> Of whom we have many things to say, and hard to be uttered, seeing ye are dull of hearing. <sup>12</sup> For when for the time ye ought to be teachers, ye have need that one teach you again which *be* the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat.

<sup>13</sup> For every one that useth milk *is* unskilful in the word of righteousness: for he is a babe. <sup>14</sup> But strong meat belongeth to them that are of full age, *even* those who by reason of use have their senses exercised to discern both good and evil.