

**REST**

Stefan Cronje

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*There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.*

Hebrews 4:9-11 NIV

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*Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day. Thus the heavens and the earth, and **all** the host of them, **were finished**. And on the seventh day God ended His work which He had done, **and He rested** on the seventh day from all His work which He had done.*

Genesis 1:31-2:2 NKJV

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When he had received the drink, Jesus said, **"It is finished."** With that, he bowed his head and gave up his spirit.

John 19:30 NIV

Rest

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**"Come to me,** all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, **and you will find rest for your souls.** For my yoke is easy and my burden is light."

Matthew 11:28-30 NIV

Rest

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*"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."*

Matthew 11:28-30 MSG

Rest

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*Let us come to Jesus,  
Rest in the finished work of the cross,  
And cease from striving.*

Rest

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Empty rectangular box for writing.

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