



BAGGAGE DEFINED

Unresolved incidents or relational disappointments that wounded the heart.

Baggage manifests through the intangible parts of our lives like distorted feelings, wrong beliefs, and stinking thinking that gets in the way of a healthy relational response.

GOOD QUESTIONS TO ASK

Why did I respond like that?
What do I need to unpack?
What lies am I believing?
Where has my perception been distorted?

UNPACKING OUR BAGS

1 John 3:16 (NKJV) ¹⁶ By this we know love, because He laid down His life for us. And we also ought to lay down our lives for the brethren.

UNPACKING OUR BAGS

Ephesians 3:16–19 (NLT) ¹⁶ I pray that from his glorious, unlimited resources **he will empower you with inner strength** through his Spirit. ¹⁷ Then Christ **will make his home in your hearts as you trust in him**. Your roots will **grow down into God's love and keep you strong**.

UNPACKING OUR BAGS

¹⁸ And may you have the power to understand, as all God's people should, **how wide, how long, how high, and how deep his love is**. ¹⁹ May you experience the love of Christ, though it is too great to understand fully. Then **you will be made complete** with all the fullness of life and power that comes from God.

UNPACKING OUR BAGS

Psalm 112:7-8 (NLT) *They do not fear bad news; they confidently trust the Lord to care for them. They are confident and fearless and can face their foes triumphantly.*

UNPACKING OUR BAGS

1 Peter 4:8 (NKJV) ⁸ *And above all things have fervent love for one another, for "love will cover a multitude of sins."*



shofar

heart encounter

Part 1:
Mon 22 May
Pt 2: Fri 26 May
Pt 3: Sat 27 May
Cost: R120 pp

encounter
series
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The beautiful bride

ANDRÉ
KRÜGER