

Psalm 34:8 (ESV)

Oh, taste and see that the Lord is good.

Matthew 4:4 (ESV)

"It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."

Matthew 6:16-18

And when you fast, ... And your Father who sees in secret will reward you.

<u>Isaiah 40:31 (NKJV)</u>

But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

Isaiah 30:18 (NIV):

Yet the Lord longs to be gracious to you; therefore, he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!"

Acts 13: 1-3

¹Now in the church at Antioch there were prophets and teachers: Barnabas, Simeon called Niger, Lucius of Cyrene, Manaen (who had been brought up with Herod the tetrarch) and Saul. ² While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." ³ So after they had fasted and prayed, they placed their hands on them and sent them off.