

A close-up photograph of a person's feet wearing simple, light-colored sandals, walking on a rough, rocky, and dusty path. The person is wearing a white, flowing garment. The ground is composed of small stones and dirt, and the scene is brightly lit, casting shadows on the path.

TO
walk
WORTHY OF THE CALLING

by Beléne Coetzer
16 July 2023

Ephesians 4:1 [ESV]

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called,

Ephesians 1-3

Spiritual Wealth

The Position of the Believer

God Sees Us in Christ

Identity

Belief

Ephesians 4-6

Spiritual Walk

The Practice of the Believer

The World sees Christ in us

Responsibility

Behaviour

Ephesians 4:1 [ESV]

I therefore, a prisoner for the Lord, urge you to **walk** in a manner worthy of the calling to which you have been called,

- 8 times in Ephesians
- Our daily conduct / lifestyle
- A SIMPLE task of two steps, repeated over and over again

Ephesians 4:1 [ESV]

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the **calling** to which you have been called,

Our Spiritual Heritage:

- We've been chosen
- We've been adopted
- We've been redeemed
- We have an inheritance

In the light of our heavenly calling, Paul challenges us on the field of all our relationships:

- Neighbours
- Husbands & wives
- Parents & children
- Employees & employers

} all spheres
of life

In all spheres of life, we are called to:

- Humility
- Gentleness
- Patience
- Bear with one another in love
- Eager to maintain unity
- Be angry, but do not sin
- Kindness
- Forgiveness
- Not provoke

Is it even possible to be all these things to all people?

40 commands in Ephesians 4-6

generally symbolizes a period of testing, trial or probation

Before salvation

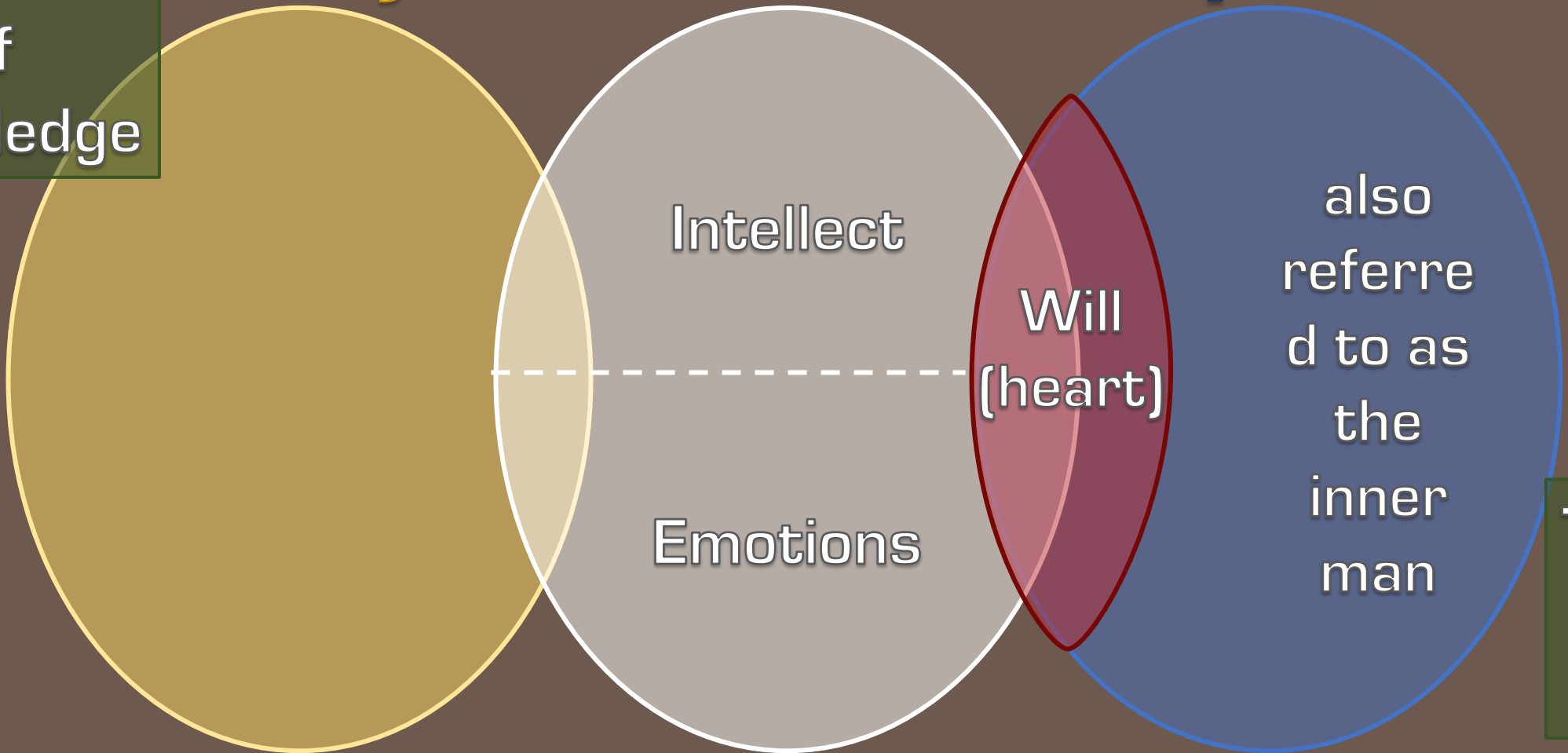


Body

Soul

Spirit

Tree
of
Knowledge



also
referre
d to as
the
inner
man

Tree
of
Life



After salvation

If I grasp what Paul is actually saying;

**40 commands become
40 ways of testing**

**the health of my soul
dimension!**



- 1 Walk worthy of the vocation wherewith you are called, with all lowliness and meekness. (4:1-2)
- 2 With longsuffering forbear one another in love. (4:2)
- 3 Put away falsehood. (4:25)
- 4 Speak truth each one with his neighbour. (4:25)
- 5 Be angry, and sin not. (4:26)
- 6 Let what is good for edifying proceed out of your mouth. (4:29)
- 7 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice. (4:31)
- 8 Be kind one to another, tender-hearted, forgiving each other. (4:32)
- 9 Submit yourselves one to another in the fear of God. (5:21)
- 10 Walk circumspectly. (5:15)

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| 1 | Walk worthy of the vocation wherewith you are called, with all lowliness and meekness. (4:1-2) | 11 | Let what is good for edifying proceed out of your mouth. (4:29) |
| 2 | With longsuffering forbear one another in love. (4:2) | 12 | Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice. (4:31) |
| 3 | Endeavor to keep the unity of the Spirit in the bond of peace. (4:3) | 13 | Be kind one to another, tender-hearted, forgiving each other. (4:32) |
| 4 | Put off the old man that waxes corrupt after the lusts of deceit. (4:22) | 14 | Be followers of God, as dear children. (5:1) |
| 5 | Be renewed in the spirit of your mind. (4:23) | 15 | Walk in love. (5:2) |
| 6 | Put on the new man, that after God hath been created in righteousness and holiness of truth. (4:24) | 16 | Give thanks. (5:4) |
| 7 | Put away falsehood. (4:25) | 17 | Walk as children of light. (5:8) |
| 8 | Speak truth each one with his neighbour. (4:25) | 18 | Reprove the unfruitful works of darkness. (5:11) |
| 9 | Be angry, and sin not. (4:26) | 19 | Walk circumspectly. (5:15) |
| 10 | Let him that stole labour, working with his hands the thing that is good. (4:28) | 20 | Redeem the time. (5:16) |

21	Be understanding what the will of the Lord is. (5:17)	31	Honour your father and mother. (6:2)
22	Be filled with the Spirit. (5:18)	32	Fathers, bring your children up in the nurture and admonition of the Lord. (6:3)
23	Speak to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord. (5:19)	33	Servants, be obedient to them that are your masters according to the flesh, with fear and trembling, in singleness of your heart, as unto Christ. (6:5-7)
24	Give thanks always for all things unto God and the Father in the name of our Lord Jesus Christ. (5:20)	34	Masters, do the same things unto them. (6:9)
25	Submit yourselves one to another in the fear of God. (5:21)	35	Be strong in the Lord, and in the power of his might. (6:10)
26	Wives, submit yourselves unto your own husbands, as unto the Lord. (5:22)	36	Put on the whole armour of God. (6:11)
27	Husbands, love your wives, even as Christ also loved the church. (5:25)	37	Take unto you the whole armour of God. (6:13)
28	Let every one of you in particular so love his wife even as himself. (5:33)	38	Stand. (6:14)
29	The wife see that she reverence her husband. (5:33)	39	Pray always with all prayer and supplication in the Spirit. (6:18)
30	Children, obey your parents in the Lord. (6:1)	40	Watch with all perseverance and supplication for all saints. (6:18)