



A  
*journey*  
OF SANCTIFICATION  
*body - spirit - soul*

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## **1 Thessalonians 5:23**

**<sup>23</sup> Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.**

**Trichotomy – Christian belief is that we are made up of three parts namely spirit body and soul. Each of these have their own function and are 3 separate entities**

**World view – We are made up of Body and Soul/spirit. The belief is that soul and spirit is one entity**

## **Hebrews 4:12**

**<sup>12</sup> For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.**

## **Genesis 2:7**

**<sup>7</sup> then the LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living soul.**

# Human spirit

## **Ecclesiastes 12:7**

**<sup>7</sup> and the dust returns to the earth as it was, and the spirit returns to God who gave it.**

**Our spirit is also our source of life, also seen in Genesis 2:7 earlier that it was only when God put The breath of life (spirit of life) did we become a living soul.**

**So our spirit is the who, our identity, our source of life.**

## **Human spirit**

### **1 Corinthians 2:11**

**<sup>11</sup> For who knows a person's thoughts except the spirit of that person, which is in him? So also no one comprehends the thoughts of God except the Spirit of God.**

**This speaks into Identity – Our spirit is our identity**

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# Soul

**Soul is made up of three parts, which we will discuss through scripture.**

**-Will**

**-Mind**

**-Emotions**

**Soul – will, mind, emotions.**

**Will – Deciding is a function of the will.**

**Job 7:15**

**<sup>15</sup> So that my soul chooses strangling  
*And* death rather than my body.**

**Job 6:7**

**<sup>7</sup> My soul refuses to touch them;  
They *are* as loathsome food to me.**

**Soul – will, mind, emotions.**

**Mind – Intellect and knowledge is a function of the mind.**

**Proverbs 2:10**

**10 When wisdom enters your heart,  
And knowledge is pleasant to your soul.**

**Here we see how knowledge is pleasing to the soul and knowledge is a matter of mind therefore we can say a part of the soul is mind.**

**Soul – will, mind, emotions.**

**Mind – Intellect and knowledge is a function of the mind.**

**Psalm 139:14**

**<sup>14</sup> I will praise You, for I am fearfully *and* wonderfully made;  
Marvelous are Your works,  
And *that* my soul knows very well.**

**Knowing is a matter of the mind, thus showing us that mind is part of ones soul.**

**Soul – will, mind, emotions.**

**Emotion – Emotions are expressions of feeling, Love, hatred, joy, and grief.**

**Psalms 42:1**

**As a deer pants for the water brook, so pants my soul for You O God.**

**This is a expression of longing for, an expression of Love.**

**Soul – will, mind, emotions.**

**Emotion – Emotions are expressions of feeling, Love, hatred, joy, and grief.**

**2 Samuel 5:8 ; Psalm 107:18 and Ezekiel 36:5 show that hating, loathing and despising are also in the soul. These are all emotions which are set in the soul.**

# **Body – Spirit – Soul**

**Body – The physical expression of mind, emotions and will. Therefor body is a expression of the soul.**

**Soul – Mind, emotions and will is an expression of our character and personality. The expression our identity, the expression of our Spirit.**

**Spirit – Our identity and life source, who we are.**