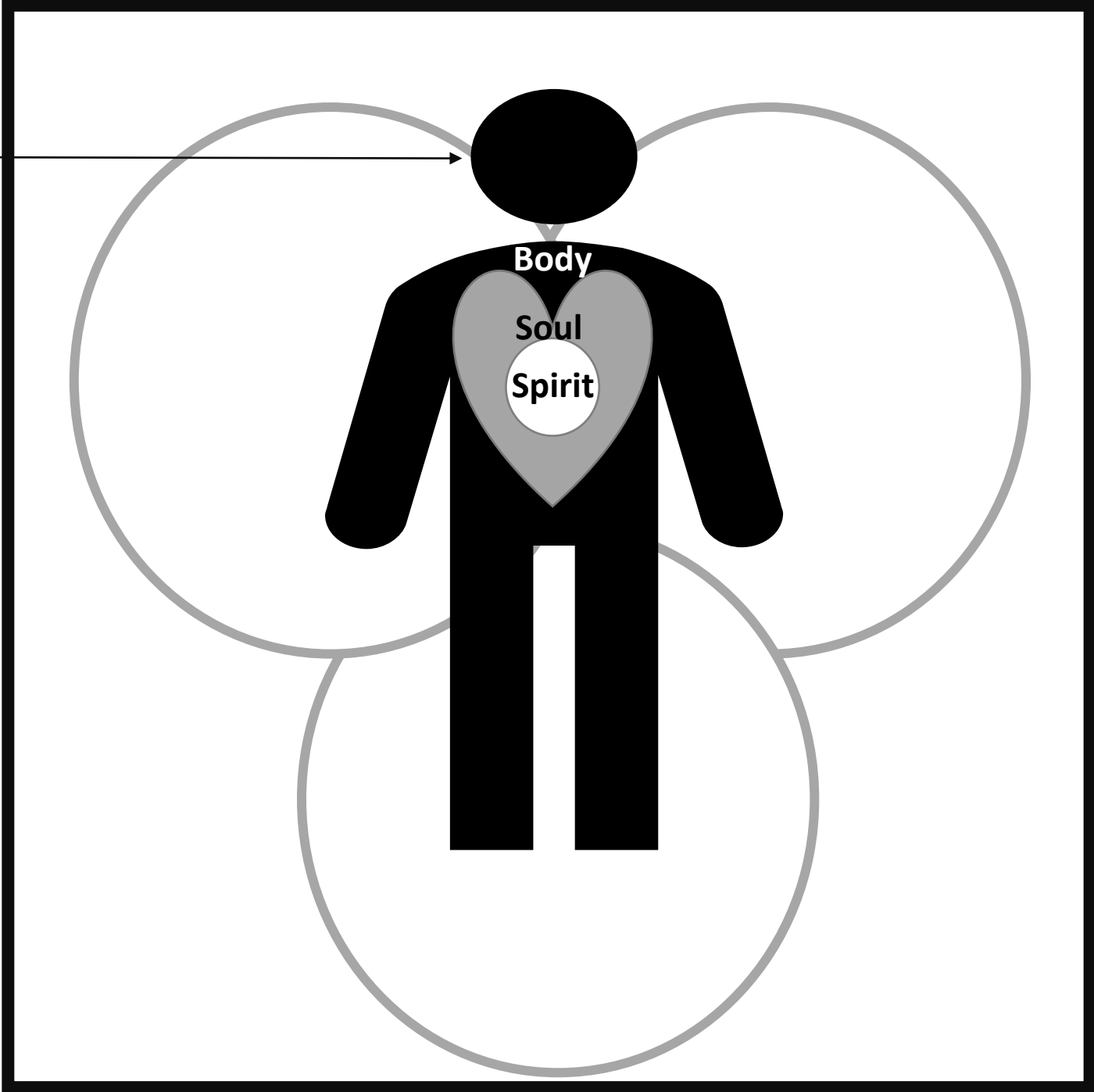


# Wholeness of body, soul and spirit in times of disruption

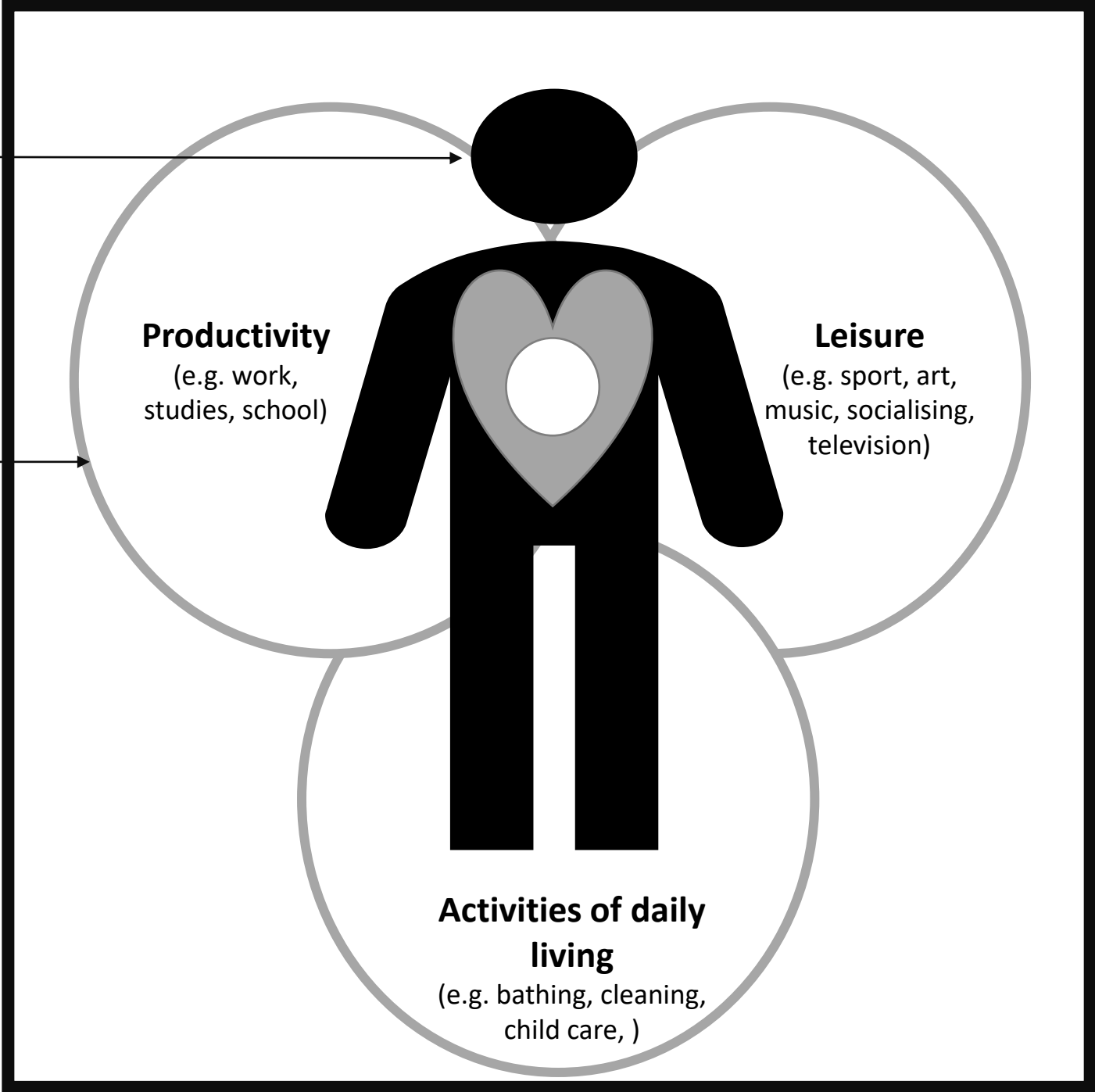
Week 1 - Introduction

PERSON



PERSON

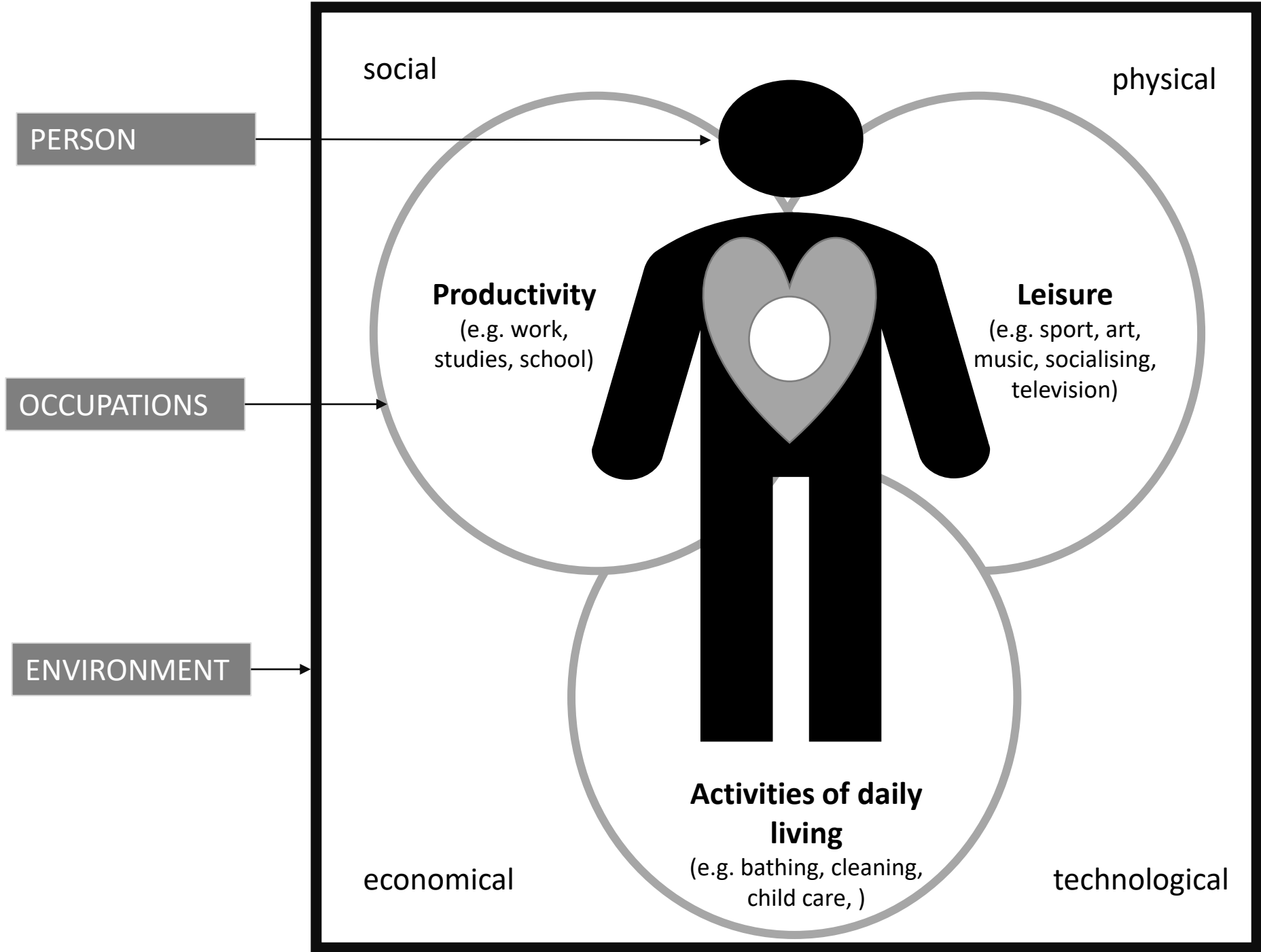
OCCUPATIONS

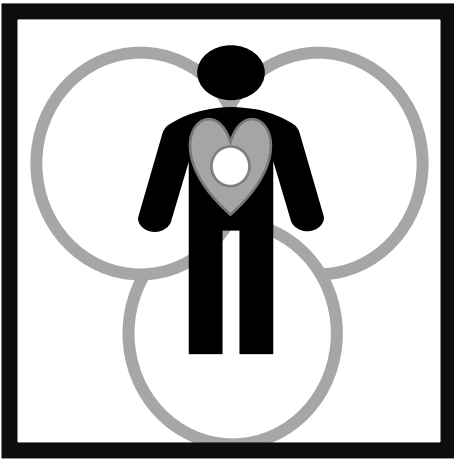


**Productivity**  
(e.g. work,  
studies, school)

**Leisure**  
(e.g. sport, art,  
music, socialising,  
television)

**Activities of daily  
living**  
(e.g. bathing, cleaning,  
child care, )



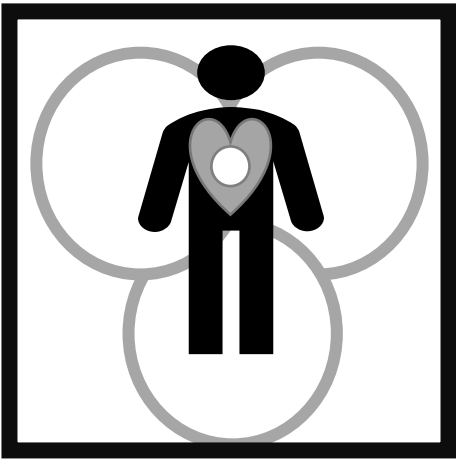


## Week 1 – Activity 1A

Write your **main occupations** in the columns below along with a sense of loss you experienced in each and what God might be saying to you about this.

- Discuss the losses you have experienced with your small group.
- Discuss What is God possibly saying to you in each area with your small group.
- Pray through these personally and in small group this week.

	My occupations	Losses in this area	What is God possibly saying
<b>Productivity</b> (e.g. work, studies, school)			
<b>Leisure</b> (e.g. sport, art, music, socialising, television)			
<b>Activities of daily living</b> (e.g. bathing, cleaning, child care)			



## Week 1 – Activity 1

Write your **main environmental factors** in the columns below along with a sense of loss you experienced in each and what God might be saying to you about this.

- Discuss the losses you have experienced with your small group.
- Discuss What is God possibly saying to you in each area with your small group.
- Pray through these personally and in small group this week.

	My environment	Losses in this area	What is God possibly saying
Social			
Physical			
Economical			
Technological			