

**Title:** Cultivating godly habits  
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**Date:** 23 February 2014  
**Time:** 18:00



## Word

### Training for godliness

#### 1 Timothy 4:7-9 (ESV)

<sup>7</sup> Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; <sup>8</sup> for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. <sup>9</sup> The saying is trustworthy and deserving of full acceptance.

### Godliness as part of growth

#### 2 Peter 1:5-8 (NKJV)

<sup>5</sup> But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, <sup>6</sup> to knowledge self-control, to self-control perseverance, to perseverance godliness, <sup>7</sup> to godliness brotherly kindness, and to brotherly kindness love. <sup>8</sup> For if these things are yours and abound, you will be neither barren nor unfruitful in the knowledge of our Lord Jesus Christ.

### Four areas of growth toward godliness (godly habits)

#### 1. What you see (your eyes)

##### Matthew 7:3-5 (ESV)

<sup>3</sup> Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? <sup>4</sup> Or how can you say to your brother, 'Let me take the speck out of your eye,' when there is the log in your own eye? <sup>5</sup> You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

#### 2. What you think (your mind)

##### Philippians 4:8 (ESV)

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

#### 3. What you say (your tongue)

##### 1 Peter 3:9-10 (NLT)

<sup>9</sup> Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and He will bless you for it. <sup>10</sup> For the Scriptures say, "If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies.

#### 4. What you do (your actions)

##### Matthew 7:20 (NLT)

Yes, just as you can identify a tree by its fruit, so you can identify people by their actions.

## His promises

#### 2 Peter 1:3-4 (HCSB)

<sup>3</sup> For His divine power has given us everything required for life and godliness, through the knowledge of Him who called us by His own glory and goodness. <sup>4</sup> By these He has given us very great and precious promises, so that through them you may share in the divine nature, escaping the corruption that is in the world because of evil desires.