Title: Spiritual Maturity
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Word The growth process Romans 5:1-5 Father had 2 sons

## What kind of son are you?

#### **Romans 8:19**

<sup>1</sup> Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup> through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. <sup>3</sup> And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; <sup>4</sup> and perseverance, character; and character, hope. <sup>5</sup> Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

# Why do we lose our peace?

#### Mark 4:35-41

<sup>35</sup> As evening came, Jesus said to His disciples, "Let's cross to the other side of the lake." <sup>36</sup> So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). <sup>37</sup> But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water. <sup>38</sup> Jesus was sleeping at the back of the boat with His head on a cushion. The disciples woke Him up, shouting, "Teacher, don't You care that we're going to drown?" <sup>39</sup> When Jesus woke up, He rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. <sup>40</sup> Then He asked them, "Why are you afraid? Do you still have no faith?" <sup>41</sup> The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey Him!"

- 1. Not trusting God.
- 2. Not knowing the will of God.
- 3. Not taking responsibility.

### 1. Learn solitude and silence

#### Psalm 46:10a

Be still, and know that I am God;

#### Psalm 4:4

Be angry, and do not sin. Meditate within your heart on your bed, and be still. Selah

### 2. Learn to talk to yourself

#### Psalm 116:7-8 (MSG)

- <sup>7</sup> I said to myself, "Relax and rest. GOD has showered you with blessings.
- <sup>8</sup> Soul, you've been rescued from death; Eye, you've been rescued from tears; And you, Foot, were kept from stumbling."

### Psalm 103:1-2

- <sup>1</sup> Bless the LORD, O my soul; And all that is within me, bless His holy name!
- <sup>2</sup> Bless the LORD, O my soul, And forget not all His benefits:

## 3. Present yourself to God

### **Romans 12:1**

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.

## The joy of trails

## James 1:2-4

<sup>2</sup> My brethren, count it all joy when you fall into various trials, <sup>3</sup> knowing that the testing of your faith produces patience. <sup>4</sup> But let patience have its perfect work, that you may be perfect and complete, lacking nothing.

### Conclusion

- 1. Trials and tribulations cause growth, but it depends on our response.
- 2. God wants to trust us with families, cities, nations.
- 3. Our emotional maturity is linked to our spiritual maturity.