

KINGDOM FITNESS II: SEXUAL HOLINESS

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What do we believe?

“With regards to sexual behaviour, we believe in heterosexual relationships between a natural man and a natural woman within the confines of lawful matrimony.”

(Shofar Christian Church Statement of Faith)

1. Sexual sin is serious

³ But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.

Ephesians 5:3 (ESV)

1. Sexual sin is serious

¹ It is actually reported that there is sexual immorality among you, and such sexual immorality as is not even named among the Gentiles—that a man has his father's wife!

¹¹ But now I have written to you not to keep company with anyone named a brother, who is sexually immoral, or covetous, or an idolater, or a reviler, or a drunkard, or an extortioner—not even to eat with such a person.

1 Corinthians 5:1,11 (NKJV)

2. Sexual sin defiles

²¹ For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery,

²² coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness.

²³ All these evil things come from within, and they defile a person."

Mark 7:21-23 (ESV)

2. Sexual sin defiles

¹⁸ Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

¹⁹ Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?

1 Corinthians 6:18-19 (NKJV)

3. Sexual sin leads to death

⁹ Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites,
¹⁰ nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.

1 Corinthians 6:9-10 (NKJV)

a. Don't stir it up!

⁴ I charge you, O daughters of Jerusalem, Do not stir up nor awaken love Until it pleases.

Song of Solomon 8:4 (NKJV)

⁴ Oh, let me warn you, sisters in Jerusalem: Don't excite love, don't stir it up, until the time is ripe--and you're ready.

Song of Solomon 8:4 (MSG)

b. Take radical steps!

²⁷ "You have heard that it was said to those of old, 'You shall not commit adultery.'
²⁸ But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.
²⁹ If your right eye causes you to sin, pluck it out and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

Matthew 5:27-30 (NKJV)

b. Take radical steps!

³⁰ And if your right hand causes you to sin, cut it off and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

Matthew 5:27-30 (NKJV)

c. Run away!

²² Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

2 Timothy 2:22 (NLT)
